NEWSLETTER

14 AUGUST TO 30 NOVEMBER | VOL.64

#IndiaKaGame

COVER STORY

Padma Shri Dr. Dilip Tirkey becomes first player-President of Hockey India

Page No. 30







SULTAN OF JOHOR CUP 2022

INDIAN JUNIOR MEN'S HOCKEY TEAM

















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TOP HIGHLIGHTS

KHELO INDIA WOMEN'S HOCKEY LEAGUE (UNDER-16) PHASE 1

| DATE OF THE EVENT | FIRST PLACE | SECOND PLACE | THIRD PLACE | LOCATION |
|-------------------|--|---|---|-----------|
| 16th-23rd August | Pool A – Pritam Siwach Sports Foundation Pool B – HAR Hockey Academy | Pool A – SAI 'A' Pool B – Madhya Pradesh Hockey Academy | Pool A – Sports Hostel Odisha Pool B – SAI 'B' | New Delhi |

Khelo India Women's Hockey League 22 (Under-16) Phase 1 saw Pritam Siwach Hockey Academy Sonepat outplay Citizen Hockey XI 21-0 to remain unbeaten in the Phase 1 of the tournament. Sakshi Rana (23', 28', 29', 30', 43', 46', 58') starred with seven goals, while Captain Khushi (5', 33', 55'), Ravina (6', 12', 37'), Manjinder (1', 21', 54') and Riya (38', 44', 50') each bagged a hat-trick, and Sakshi (31', 41') netted twice for Pritam Siwach Hockey Academy Sonepat in the Pool A match.

While Pool B toppers Har Hockey Academy registered a comprehensive 7-0 win over Salute Hockey Academy to finish Phase 1 on top of Pool B. Kirti (26', 41', 53') bagged a hat-trick, while Captain Pooja (15'), Shashi Khasha (37'), Bharti (44') and Seeema (59') scored a goal each for Har Hockey Academy in the last match of the Phase 1.





KHELO INDIA WOMEN'S HOCKEY LEAGUE (UNDER-16) PHASE 2

| DATE OF THE EVENT | FIRST PLACE | SECOND PLACE | THIRD PLACE | LOCATION |
|-------------------|---|---|---|----------|
| 14th-21st October | Pool A – SAI 'A' Pool B – Madhya Pradesh Hockey Academy | Pool A – Pritam Siwach Sports Foundation Pool B – Odisha Naval Tata Hockey H P Centre | Pool A – Sports Hostel Odisha Pool B – SAI 'B' | Lucknow |

Sports Authority of India 'A' remained on top of Pool A as they ended Phase 2 with a scoreline of 6-0 against Sports Hostel Odisha. Jyoti Xaxa (23', 45'), Captain Tanuja Toppo (27', 37') and Binati Minz (41', 42) were the scorers for Sports Authority of India 'A'.

HAR Hockey Academy took on Odisha Naval Tata Hockey High Performance Centre, with the latter winning a closely contested game 2-1. Odisha Naval Tata Hockey High Performance Centre took the lead through Doli Bholi (25') before Diksha (34') equalised for HAR Hockey Academy. However, Nirmala Senbar (52') scored the winner for Odisha Naval Tata Hockey High Performance Centre to claim the top spot in Pool B.







NATIONAL SPORTS DAY 2022

Amit Rohidas and Deep Grace Ekka received cash prizes from Hon'ble Chief Minister of Odisha Shri Naveen Patnaik on National Sports Day

Hon'ble Chief Minister of Odisha Shri Naveen Patnaik honoured Commonwealth Games (CWG) medalists Amit Rohidas and Deep Grace Ekka with cash prizes during Biju Patnaik Sports Awards 2022 on the occasion of the National Sports Day on 29 August 2022.

Hockey player Amit Rohidas was awarded a cash prize of Rs 75 lakh for winning the Silver medal with the Indian hockey team while Deep was honoured with a Rs 50 lakh cash prize for winning Bronze at CWG 2022.





GLIMPSES OF THE NATIONAL SPORTS DAY CELEBRATION

























COA and FIH delegation visited Birsa Munda Hockey Stadium

A delegation of the International Hockey Federation (FIH) including the Acting President Mr. Seif Ahmed & CEO, Mr. Thierry Weil and a delegation of Hockey India including Committee of Administrators, Dr. S.Y. Quraishi and Mr. Zafar Iqbal visited Birsa Munda Hockey Stadium on 7 September 2022 to review the construction work of the stadium as the co-host venue for the FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar – Rourkela.





FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar – Rourkela draw

The FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar – Rourkela draw was held on 8 September 2022 at the Convention Centre, in Lok Sewa Bhawan, Bhubaneswar (India). The four Pools for the FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar – Rourkela were determined as follows:

Pool A was headed up by then World No. 1 Australia. The 2016 Olympic Champions Argentina,

France, and African Champions South Africa were also drawn into the same group.

The 2018 World Champions Belgium were the top seed in Pool B. The much-fancied Germany Korea and Japan (WR:17) were also drawn in Pool B.

Pool C featured 2018 World Cup runners-up the Netherlands, New Zealand, Malaysia, and newcomers Chile.

The hosts India were placed in Pool D alongside England, two-time silver medallists (1971, 1998) Spain, and Wales, which, like Chile, had qualified for their maiden World Cup.



NAMITA TOPPO

Hockey India congratulates
Midfielder Namita Toppo on an
illustrious career with the
Indian Women's Hockey Team

Hockey India on 15 September 2022 congratulated experienced midfielder Namita Toppo as she decided to call her time with the Indian Women's Hockey Team.

The two-time Asian Games medallist is a graduate of the Sports Hostel, Panposh, Rourkela, Odisha. She rose through the ranks of Junior team where she won the Bronze medal at the Girls U-18 Hockey Asia Cup in Bangkok, Thailand held in 2011. Toppo went on to make her senior team in 2012 when she participated in the FIH Champions Challenge I in Dublin.

The following year, she was part of the Indian Junior Women's Hockey team which won the Bronze Medal at the FIH Hockey Junior World Cup Women 2013 held in Mönchengladbach, Germany.

Toppo then took part in major tournaments like FIH Women's World League Round 2 in 2013 where India won the Gold Medal, 3rd Women's Asian Champions Trophy in 2013 where India won the Silver Medal, 8th Women's Asia Cup 2013, 20th Commonwealth Games 2014, 17th Asian Games 2014 where India won the Bronze Medal, 2016 Rio Olympics, the team's Silver medal victory at the 9th Women's Asia Cup 2017 and the 18th Asian Games 2018 where the national team clinched the Silver Medal.





Hockey India names 33-member Indian Men's Core Group for FIH Hockey Men's Pro League 2022-2023

Hockey India named a 33-member core probable group for the National Coaching camp that started on 03 October 2022 to prepare for the FIH Hockey Pro League 2022-2023 season opener in Bhubaneswar.

| GOALKEEPERS | | | | | | |
|-------------------------------|------------------|--------------------|--|--|--|--|
| PR Sreejesh | Krishan B Pathak | Pawan | | | | |
| DEFENDERS | | | | | | |
| Jarmanpreet Singh | Surender Kumar | Harmanpreet Singh | | | | |
| Nilam Sanjeep Xess | Amit Rohidas | Jugraj Singh | | | | |
| Mandeep Mor | Yashdeep Siwach | Dipsan Tirkey | | | | |
| Sanjay | Manjeet | Sumit | | | | |
| MIDFIELDERS | | | | | | |
| Manpreet Singh | Hardik Singh | Vivek Sagar Prasad | | | | |
| Moirangthem Rabichandra Singh | Shamsher Singh | Nilakanta Sharma | | | | |
| Rajkumar Pal | Pawan Rajbhar | | | | | |
| FORWARDS | | | | | | |
| Akashdeep Singh | Gurjant Singh | Maninder Singh | | | | |
| Mohd. Raheel Mouseen | S.Karthi | Mandeep Singh | | | | |
| Lalit Kumar Upadhyay | Abhishek | Dilpreet Singh | | | | |
| Sukhjeet Singh | | | | | | |

Hockey India name 18-member Indian Junior Men's Team for Sultan of Johor Cup

Hockey India on 8 October 2022 named the 18-member Indian Junior Men's Hockey Team for the Sultan of Johor Cup Malaysia 2022, which was played after a two-year hiatus due to the pandemic. The tournament was held in Johor Bahru from 22 October to 29 October.

The India Colts side was Captained by Uttam Singh, while Boby Singh Dhami was named the Vice Captain of the team.

Goalkeepers Mohith HS and Ankit Malik were selected for the team along with defenders Amir Ali, Shardanand Tiwari, Rohit, Amandeep Lakra, Cyril Lugun. In the midfield department, Vishnukant Singh, Rajinder Singh, Ankit Pal, Poovanna CB, Amandeep, and Johnson Purthy were chosen.

In the forward line, Captain Uttam Singh was picked along with Angad Bir Singh, Araijeet Singh Hundal, Vice Captain Boby Singh Dhami, and Sudeep Chirmako

Top Highlights from 10th Sultan of Johor Cup 2022

10TH SULTAN OF JOHOR CUP

22 OCTOBER TO 29 OCTOBER 2022 JOHOR BAHRU, MALAYSIA

| Match No. | Date | Time (IST) | Te | am | | Score |
|-----------|------------|------------|---------------|----|---------------|-------------|
| 1 | 22-10-2022 | 13:35 HRS | Australia | Vs | Japan | 3-2 |
| 2 | 22-10-2022 | 15:35 HRS | Great Britain | Vs | South Africa | 4-1 |
| 3 | 22-10-2022 | 18:05 HRS | India | Vs | Malaysia | 5-2 |
| 4 | 23-10-2022 | 13:35 HRS | Japan | Vs | Great Britain | 2-1 |
| 5 | 23-10-2022 | 15:35 HRS | India | Vs | South Africa | 4-5 |
| 6 | 23-10-2022 | 18:05 HRS | Australia | Vs | Malaysia | 8-0 |
| 7 | 25-10-2022 | 13:35 HRS | Great Britain | Vs | Australia | 1-3 |
| 8 | 25-10-2022 | 15:35 HRS | Japan | Vs | India | 1-5 |
| 9 | 25-10-2022 | 18:05 HRS | South Africa | Vs | Malaysia | 3-1 |
| 10 | 26-10-2022 | 13:35 HRS | India | Vs | Australia | 5-5 |
| 11 | 26-10-2022 | 15:35 HRS | Malaysia | Vs | Great Britain | 2-4 |
| 12 | 26-10-2022 | 18:05 HRS | South Africa | Vs | Japan | 0-1 |
| 13 | 28-10-2022 | 13:35 HRS | Great Britain | Vs | India | 5-5 |
| 14 | 28-10-2022 | 15:35 HRS | Malaysia | Vs | Japan | 2-2 |
| 15 | 28-10-2022 | 18:05 HRS | Australia | Vs | South Africa | 6-1 |
| 16 | 29-10-2022 | 13:35 HRS | South Africa | Vs | Malaysia | 3-2 |
| 17 | 29-10-2022 | 15:35 HRS | Great Britain | Vs | Japan | 3-1 |
| 18 | 29-10-2022 | 18:05 HRS | Australia | Vs | India | 1-1 SO(4-5) |



The Indian Junior Men's Hockey Team defeated Malaysia 5-2 in their opening game of the 10th Sultan of Johor Cup 2022.



India Junior Men's Hockey Team go down 4-5 against South Africa in 10th Sultan of Johor Cup 2022.



Indian Junior Men's Hockey Team Win 5-1 Against Japan at the 10th Sultan of Johor Cup 2022.





India and Australia play out thrilling 5-5 draw at 10th Sultan of Johor Cup 2022.





India and Great Britain play out entertaining 5-5 draw at the 10th Sultan of Johor Cup 2022.

13:35 HRS FRIDAY 28 OCTOBER 2022

GREAT BRITAIN 5 INDIA









The Indian Junior Men's Hockey Team put in a fine display on a nervy evening against Australia, to win the 10th Sultan of Johor Cup 2022 after a tense penalty shootout.





TUESDAY 29 OCTOBER 2022











Spain and New Zealand arrived in Bhubaneswar on 25th October 2022 to kick off the FIH Hockey Pro League 2022/23 India leg.

Expressing their excitement upon arriving, Max Caldas, Head Coach of Spain said, "It's been a long journey but we love coming to India, especially Bhubaneswar. We know the stadium, the pitch and the conditions in Bhubaneswar very well. During these matches, our aim will be to focus on ourselves and the things we have been training."

Greg Nicol, Head Coach of New Zealand stated how important these matches are for his team. He said, "India is hockey-crazy and it's always exciting to come here. It was very important for us to get these matches now in India as Pro League is a good opportunity for us to prepare for the World Cup."







Top Highlights from FIH Hockey Pro League 2022-2023 (Men)

FIH HOCKEY PRO LEAGUE 2022-2023 (MEN)

| Match No. | Date | Time (IST) | Team | | Score | |
|-----------|------------|------------|-------------|----|-------------|----------------|
| 1 | 28-10-2022 | 19:00 HRS | India | Vs | New Zealand | 4-3 |
| 2 | 29-10-2022 | 19:00 HRS | New Zealand | Vs | Spain | 2-3 |
| 3 | 30-10-2022 | 19:00 HRS | India | Vs | Spain | 2-3 |
| 4 | 04-11-2022 | 19:00 HRS | India | Vs | New Zealand | 7-4 |
| 6 | 05-11-2022 | 19:00 HRS | Spain | Vs | New Zealand | 1-1 SO (0 - 1) |
| 8 | 06-11-2022 | 19:00 HRS | India | Vs | Spain | 2-2 SO (3 - 1) |

28-10-2022

MATCH 1





FIH HOCKEY PRO LEAGUE 2022-2023 (MEN) ODISHA, INDIA

4 - 3
INDIA VS NEW ZEALAND

MATCH 2 29-10-2022







2 - 3

FIH HOCKEY PRO LEAGUE 2022-2023 (MEN)
ODISHA, INDIA

NEW ZEALAND VS SPAIN

30-10-2022



MATCH 3







FIH HOCKEY PRO LEAGUE 2022-2023 (MEN) ODISHA, INDIA

2 - 3 INDIA VS SPAIN

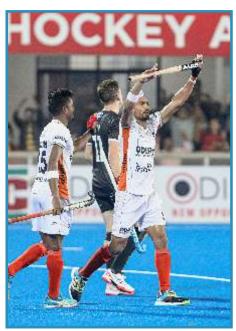


MATCH 4 04-11-2022









7 - 4
INDIA VS NEW ZEALAND

FIH HOCKEY PRO LEAGUE 2022-2023 (MEN)
ODISHA, INDIA

05-11-2022

MATCH 6









FIH HOCKEY PRO LEAGUE 2022-2023 (MEN) ODISHA, INDIA

1 - 1 SO (0 - 1)

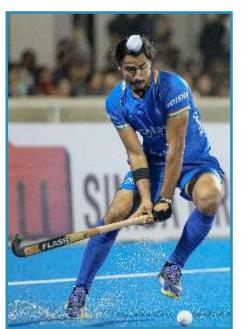
SPAIN VS NEW ZEALAND

MATCH 8 06-11-2022



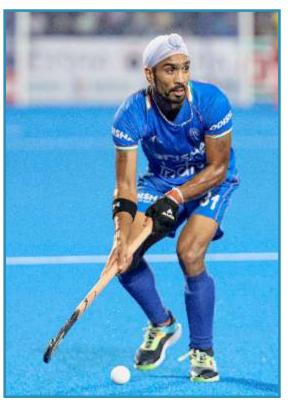






FIH HOCKEY PRO LEAGUE 2022-2023 (MEN) ODISHA, INDIA

2 - 2 so (3 - 1) INDIA VS SPAIN









Hockey India delegation paid a visit to Rourkela's Birsa Munda Hockey Stadium

In October, a high-level Hockey India delegation led by President Padma Shri Dr. Dilip Tirkey, Secretary General Shri Bhola Nath Singh, and Executive Director Cdr RK Srivastava visited the Birsa Munda hockey stadium in Rourkela to inspect the stadium's construction work.







Hockey India names 33-member Indian Women's Core Group for FIH Women's Nations Cup

Hockey India, on 26 October 2022 announced the Indian Women's Hockey Core group resumed training at SAI, Bengaluru for a four-week National Coaching Camp to prepare for the FIH Women's Nations Cup in Valencia, Spain from 11th December 2022.

The Core Group comprised of: Savita, Rajani Etimarpu, Bichu Devi Kharibam, Bansari Solanki, Deep Grace Ekka, Gurjit Kaur, Nikki Pradhan, Udita, Ishika Chaudhary, Akshata Abaso Dhekale, Reet, Mahima Chaudhary, Nisha, Salima Tete, Sushila Chanu Pukhrambam, Jyoti, Navjot Kaur, Monika, Mariana Kujur, Sonika, Neha, Baljeet Kaur, Reena Khokar, Vaishali Phalke, Ajmina Kujur, Lalremsiami, Navneet Kaur, Vandana Katariya, Sharmila Devi, Deepika, Sangita Kumari, Rani and Beauty Dungdung.

Harmanpreet Singh honoured for being top goal-scorer of FIH Men's Hockey Pro League 2021-22

Indian Men's Hockey Team defender Harmanpreet Singh on 29 October 2022 was presented with the Hero Top Scorer award along with a cash prize for being the leading goal-scorer in the FIH Men's Hockey Pro League 2021/22. Having played 16 games in the last season, the 25-year-old had scored 18 goals, 14 of which had come from penalty corners. During the course of

the tournament, Harmanpreet had also taken his senior international goals tally past 100.

The dragflicker was presented the award after FIH Men's Hockey Pro League 2022-2023 encounter between India and New Zealand at the Kalinga Stadium in Bhubaneswar on 29th October 2022.

Accepting the honour, Harmanpreet Singh said, "I am thankful for the FIH for presenting me with the award and for recognising my efforts. I want to dedicate this to my teammates who have supported me throughout my sporting career and have helped me every step of the way."



Hockey India announces cash prize for Junior Men's team after 10th Sultan of Johor Cup triumph

Hockey India on 29 October 2022 announced Rs Two lakh each to the players and Rs One lakh each for the support staff of the Indian Junior Men's Hockey Team who won the prestigious 10th Sultan of Johor Cup after defeating Australia

in the final.

The two teams were tied at 1-1 in regulation time, following which 9 penalty shots were needed to decide the winner. India edged the shootout 5-4 and won their third Sultan of Johor Cup title.

Announcing the cash award to the team, Hockey India President Padma Shri Dilip Tirkey said, "Hockey India is delighted to announce Rs Two lakh each for the players and Rs One lakh each for the support staff of the Indian Junior Men's Team for they winning performance at the 10th Sultan of Johor Cup. They have made us all very proud with their fighting spirit in this entire tournament."







Hockey India CEO Ms. Elena Norman awarded FIH President's award for her outstanding contribution to Hockey promotion and development in India and around the globe

Hockey India on 06 November 2022 congratulated Ms. Elena Norman, CEO of Hockey India, on receiving the FIH President's Award for her outstanding contribution to Hockey promotion and development in India and around the globe. The President's Award is awarded to individuals for their long and valuable services to hockey, whether direct or indirect. Services that have had an indisputable beneficial effect on hockey at international level.

Hockey India named 20-member Indian Women's Hockey Team for the FIH Women's Nations Cup 2022

Hockey India on 9th November named the 20-member Indian Women's Hockey Team for FIH Women's Nations Cup held for the first time in 2022, where the champions would promote to the FIH Hockey Women's Pro League's 2023-2024 season. India was grouped in pool B along with Canada, Japan and South Africa. The other teams in the fray are Ireland, Italy, Korea and Spain who were also grouped in pool A. Savita was named the Captain for the tournament along with Deep Grace Ekka as the Vice Captain.

FIH WOMEN'S NATIONS CUP 2022 TEAM SQUAD GOALKEEPERS

Bichu Devi Kharibam Savita **DEFENDERS Udita** Nikki Pradhan **Deep Grace Ekka Gurjit Kaur Ishika Chaudhary MIDFIELDERS** Sushila Chanu Pukhrambam Nisha Salima Tete Monika **Jyoti** Neha Sonika **Navjot Kaur FORWARDS** Lalremsiami **Navneet Kaur** Sangita Kumari Vandana Katariya **Beauty Dungdung**

Hockey India announce Rs 50,000 each for the Indian Men and Women's Hockey team for every victorious outing

Hockey India on 6 November 2022 announced a new cash incentive policy to boost the morale of the Indian Men and Women's Hockey Teams. Under the new policy, players will be awarded Rs 50,000 for every win, and support staff will receive Rs 25,000 for each victory.

The announcement was made by Hockey India President Dr Dilip Tirkey, who said, "Hockey

India has unanimously decided to award cash incentive of Rs 50,000 each to the players of the Indian Men and Women's Hockey Team for every victory they register from here on."

Hockey India Secretary General Shri Bhola Nath Singh also praised the initiative, saying, "I believe this is a landmark decision taken by Hockey India. It will not only lift the spirit of the Indian teams to vie harder for victories but it will also make young aspiring hockey players believe that hockey can be a financially viable sport."



The new policy is expected to benefit players who come from financially challenging backgrounds and is likely to attract more youngsters to take up hockey as a profession.

HOCKEY INDIA CONGRESS 2022

The 12th Hockey India Congress was held on 12 November 2022 in New Delhi at the Hockey India office, where Goans Hockey and Hockey Bengal were named best State Member Unit for the year 2020-2021 and 2021-2022 respectively.

Additionally, Bhupender Singh, Asst. Manager Coordination, and Priyanka Yadav, P.A. to CEO, were named the Best Employee of the Year Award for the year 2020-21 and 2021-22.











Hockey India President Padma Shri Dr. Dilip Tirkey presents first ticket for FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar - Rourkela to Hon'ble Chief Minister of Odisha Shri Naveen Patnaik

Hockey India President Padma Shri Dr. Dilip Tirkey on 23 November 2022 presented the first ticket for the FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar - Rourkela, worth Rs 500, to Hon'ble Chief Minister of Odisha Shri Naveen Patnaik.



Hockey India named 23-member Indian Men's Hockey Team for the Tour of Australia

Hockey India named the 23-member Indian Men's Hockey Team for the Tour of Australia, which began from November 26th in Adelaide. The Indian team played five matches against Australia as they prepared for the FIH Odisha Hockey Men's World Cup Bhubaneswar-Rourkela 2023. Experienced drag-flicker Harmanpreet Singh was named the Captain, while Amit Rohidas was picked as the Vice-Captain.



INDIA TOUR OF AUSTRALIA 2022 TEAM SQUAD

GOALKEEPERS

Krishan B Pathak

PR Sreejesh

DEFENDERS

| Harmanpreet Singh (C) | Amit Rohidas (VC) | Jarmanpreet Singh | Jugraj Singh |
|-----------------------|-------------------|-------------------|--------------|
|-----------------------|-------------------|-------------------|--------------|

Mandeep Mor Nilam Sanjeep Xess Surender Kumar Varun Kumar

MIDFIELDERS

Akashdeep Singh Hardik Singh Manpreet Singh Mohd. Raheel Mouseen

Nilakanta Sharma Rajkumar Pal Shamsher Singh Sumit

FORWARDS

Abhishek Dilpreet Singh Gurjant Singh Mandeep Singh

Sukhjeet Singh

Indian Men's Hockey Team five-match Test Series against Australia

Indian Men's Hockey team battled against Australia in a five-match Test Series, which was played in Adelaide from 26 November 2022 to 4 December 2022.

The opening match of the Indian team's Tour of Australia went down to the wire, with as many as three goals being scored in the last quarter of the match. But eventually, it was the home team who snatched a 5-4 win.

Australia won the second game also as they defeated India 7-4 to take 2-0 lead in the Series. However, India's never-say-die attitude came to the fore in the third match against Australia as they scored in the 60th minute to grab a 4-3 win and keep the five-match Series alive.



But Australia came up with a clinical performance to outclass India 5-1 in the fourth match to take unassailable 3-1 lead in the series, while in the fifth and last game of the series, India gave tough fight to the home side but lost 4-5 as Australia sealed the Test Series 4-1.



Top Highlights from India Tour of Australia (Sr. Men)

INDIA TOUR OF AUSTRALIA (SR. MEN) 26 NOVEMBER TO 04 DECEMBER 2022

MATE STADIUM, ADELAIDE, AUSTRALIA

| Match No. | Date | Time (IST) | Team | Score |
|-----------|------------|------------|--------------------|-------|
| 1 | 26-11-2022 | 19:00 HRS | Australia Vs India | 5-4 |
| 2 | 27-11-2022 | 19:00 HRS | Australia Vs India | 7-4 |
| 3 | 30-11-2022 | 19:00 HRS | Australia Vs India | 3-4 |
| 4 | 03-12-2022 | 19:00 HRS | Australia Vs India | 5-1 |
| 5 | 04-12-2022 | 19:00 HRS | Australia Vs India | 5-4 |

Australia wins 5-4 in an entertaining opening match against Indian Men's Hockey Team

MA AUSTRALIA

















Dominant Australia beat Indian Men's Hockey Team 7-4; take 2-0 lead in five-match Series







Indian Men's Hockey Team keep the Series alive; beat Australia 4-3













$India\,goes\,down\,1\text{--}5\,to\,Australia; lose\,Series\,3\text{--}1\,to\,the\,World\,No.1\,side$

19:00 HRS

SATURDAY 03 DECEMBER 2022

AUSTRALIA



INDIA ==









Australia complete 4-1 series win; India display fighting spirit in 4-5 loss

19:00 HRS

SUNDAY 04 DECEMBER 2022



AUSTRALIA



INDIA ===







FEATURE STORY

"Team is moving in the right direction with youngsters pushing for place in the squad," says experienced midfielder Sushila Chanu Pukhrambam

After creating history by winning the Bronze medal at the Birmingham 2022 Commonwealth Games, the experienced midfielder Sushila Chanu praised the youngsters who were part of the core group.

"There are a bunch of youngsters who are giving their 100 percent in training every day and it is good to see them push us to do well too. Certainly, as seniors we can't take our place in the team for granted as we also need to show that we are in the reckoning to play big tournaments," she stated.

"I feel this internal competition is good for the team and we are moving in the right direction," she added.

The midfielder, who was part of the team in back-to-back Olympic Games further highlighted that fitness is one of the key aspects for the team.

"Working on fitness and speed has been a priority for us and it remains our main focus in this camp as well. Playing with good speed and optimal fitness level was our plus point during the Olympic Games too which helped us in getting good results. Fitness will continue to be the key to our performance when we play in the upcoming major tournaments," she concluded.

SUSHILA CHANU PUKHRAMBAM

Midfielder Indian Women's Hockey Team



Hockey India congratulates Umpire Javed Shaikh for officiating his 150th international match

Hockey India in November 2022 congratulated umpire Javed Nuruddin Shaikh for officiating the 150th international match of his illustrious career. Javed Shaikh achieved the elusive feat when he officiated a match at the Sultan Azlan Shah Cup 2022 in Ipoh.

Shaikh has been in hockey officiating for the past two decades. He started his career as an umpire in 2000 at a local tournament. In 2002, he was called up as a national umpire followed by an opportunity at the 2003 Under-21 Invitational Cup in Poland where he served as an international umpire. Over the last decade, Javed Shaikh has officiated in major events such as Commonwealth Games, Asian Games as well as the 2014 Men's World Cup in Hague, The Netherlands. His biggest assignment came up when he was called up for umpiring during the 2016 Rio Olympics.

He was also appointed as an umpire in the discipline of hockey for the FIH Men's Hockey World Cup in 2018, 2020 Tokyo Olympics, and FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar-Rourkela held from 13 to 29 January 2023.

Hockey India President Padma Shri Dr. Dilip Tirkey congratulated Javed Shaikh for his achievement and stated that it is a matter of pride when an umpire represents India in top

Shaikh for officiating the 150th international match of his illustrious career. He has earned this feat after working tirelessly for more than 17 years. It is a matter of pride for us when an umpire represents India in top tournaments across the world. I wish Javed Shaikh the very best for his future endeavours."

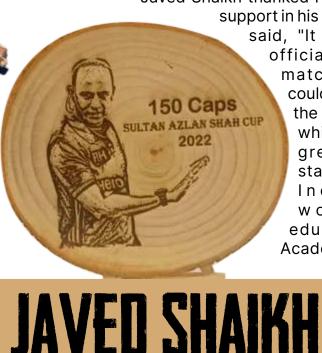
tournaments across the world. "I congratulate experienced umpire Javed

Javed Shaikh thanked Hockey India for all their support in his growth as an umpire and

said, "It is a huge honour to officiate 150 international

matches in my career. I couldn't have done it without the support of Hockey India which has been doing a great job to raise the standards of umpires in India with regular workshops where educators from the FIH Academy are invited. They

exchange their knowledge about umpiring with us."



Hockey India congratulates Dharamvir Singh and Deep Grace Ekka on being named for National Awards

Hockey India on 16 November 2022 congratulated former Indian player Dharamvir Singh and Indian Women's Hockey player Deep Grace Ekka on being named for the National Awards which was presented on 30th November at the Rashtrapati Bhavan.

Dharamvir Singh, who was part of the Indian Men's Team for the London Olympics 2012 and won the Gold Medal at the Asian Games 2014, received the Dhyan Chand Award for Lifetime Achievement. In his long career, he was part of the team that won Silver at the Glasgow Commonwealth Games in 2014, Bronze at the Hockey World League Final in Raipur 2015, and also has to his credit a Bronze Medal from the 2010 Asian Games among several other feats.

Meanwhile, the experienced defender of the Indian Women's Team Deep Grace Ekka was honoured with the prestigious Arjuna Award. The 28-year-old from Sundergarh district in Odisha has contributed to the team's resurgence over the last decade. She was part of the Indian team's historic fourth place at the Tokyo Olympic Games 2020, she has to her credit a Silver and a Bronze Medal at the Asian Games 2018 and 2014 respectively. She was also part of the team that recently won the Bronze Medal at the Birmingham Commonwealth Games in 2022. Among her many feats is a Gold Medal at the Asia Cup in 2017 and the recent title-winning feat at the FIH Nations Cup glory held in Valencia, Spain in December 2022.



Former Indian Men's Hockey Player

FEATURE STORY DEEP GRACE EKKA

Defender Indian Women's Hockey Team











Padma Shri Dr. Dilip Tirkey becomes first player-president of Hockey India

Former India Captain Padma Shri Dilip Tirkey became Hockey India's first player-president after his unopposed election in September 2022 to the top of the National Sports Federation (NSF).

Hockey India elections were scheduled to be held on October 1 but the results were declared uncontested. Padma Shri Dr. Dilip Tirkey, who filed his nomination as President of Hockey Association of Odisha, was elected after Uttar Pradesh Hockey Chief Shri Rakesh Katyal and Hockey Jharkhand's Shri Bhola Nath Singh withdrew their nominations.

COVER STORY

In a letter, the FIH said that when the number of contesting candidates for any post is equal to or less than the number of posts, they shall be deemed to have been elected unopposed as per election by-laws on the Hockey India website.

"Therefore, we are pleased to observe that the Executive Board of Hockey India stands elected as has been put on the website of Hockey India and that the posts election was unanimous for all posts," it said.



PADMA SHRI DR. DILIP TIRKEY
Former Indian Hockey Captain

On being elected unopposed, Dr. Tirkey said, "I believe former players should come into sports administration because they know where to focus."

"I am happy that Hockey India has also elected a former player like me as its President for the first time. Players go through many phases in their career and they get better experience," the former full back added.

Meanwhile, Hockey Jharkhand President Shri Bhola Nath has been elected unopposed as Secretary General.

The International Hockey Federation (FIH) has approved Tirkey and his team's appointments.



The game's governing body appreciated the efforts of the three-member Committee of Administrators (CoA), which included Hon'ble Justice Anil R Dave, Dr. SY Quraishi and Padma Shri Zafar Iqbal, for smoothly conducting the election process.

"We are delighted that the election process has been completed and a democratic body is now in place. We extend our congratulations to Dr. Dilip Tirkey, Bhola Nath Singh and Sekar J Manoharan and look forward to working with them closely," it added.

Tirkey, who is the country's most capped player with 412 international caps, said there is a need to prepare the next generation of players.

"There is a need for a specific training program for junior players such as the need to prepare the next generation of drag-flickers and goalkeepers and the focus will also be on team fitness," he said.

Echoing the new President's views, Bhola Nath Singh said, "We will also work towards the development of the game at the grassroot level and make domestic hockey stronger."

The other elected members of Hockey India are Asima Ali (vice president) of Hockey Jammu & Kashmir, Karnataka's SVS Subramanya Gupta (vice president), Hockey Unit of Tamil Nadu's Sekar J Manoharan (treasurer), Hockey Rajasthan's Arti Singh (joint secretary) and Hockey Haryana's Sunil Malik (joint secretary). The five executive board members are Arun Kumar Saraswat (Hockey Rajasthan), Asrita Lakra (Hockey Jharkhand), Gurpreet Kaur (Delhi Hockey), V Sunil Kumar (Kerala Hockey) and Tapan Kumar Das (Assam Hockey).





FEATURE STORY

Newly-elected Hockey India President Padma Shri Dr. Dilip Tirkey Chairs Executive Board meeting

The Hockey India Executive Board meeting was held in October in New Delhi and was chaired by the newly elected President Padma Shri Dr. Dilip Tirkey. The meeting was attended by Secretary General Bhola Nath Singh, Treasurer Sekar J Monoharan, Vice President SVS Subramanya Gupta, Joint Secretary Aarti Singh, Joint Secretary Sunil Malik and Executive Board members Arun Kumar Saraswat, Asrita Lakra, Gurpreet Kaur, V Sunil Kumar and Tapan Kumar Das.

The major focal point of the meeting was the FIH Odisha Hockey Men's World Cup Bhubaneswar-Rourkela 2023 in January as well as reviving the grassroot program particularly for Junior and Sub Junior categories. "We had a very fruitful Executive Board meeting today and many important issues we discussed," expressed Tirkey.

The former India Captain Tirkey also highlighted his plans to revive the grassroot structure in the country by introducing zonal-level tournaments for sub junior and junior girls and boys. He said, "Particularly in this (sub-junior and junior) age group, we have fewer tournaments apart from the Hockey India Annual Championships. So, the plan is to introduce more exposure tournaments such as zonal championships. The tournament will be divided into four zones, with two teams being selected from each zone. We want to give more and more opportunities for this age group in order to catch them young and bring them into the national program."

Tirkey also passionately spoke of having a specialised training program for goalkeepers and dragflickers apart from having hockey training programmes at the grassroot level which is integrated with academics. "We also discussed having special training for goalkeepers and dragflickers at the grassroot level."

"I also believe there is scope to revive the erstwhile Hockey India League and we also discussed the potential in starting a league on similar lines for women," Tirkey signed off.



Indian Hockey Teams Paid Homage to Dhyan Chand on National Sports Day and Reflected on the Importance of Sports Culture

On 29th August, the Indian Men and Women's Hockey Teams marked National Sports Day which is celebrated on the legendary Major Dhyan Chand's birthday by paying homage to him and reflecting on the significance of sports in the country. Indian Men's Hockey midfield Manpreet Singh, said, "The National Sports Day is a great occasion to remind ourselves the importance of leading a healthy life. We must nurture a good sports culture in the country." He also mentioned the Khelo India Youth Games and their role in encouraging children to lead an active lifestyle, saying, "we are moving in the right direction."

As the celebration was of the team's upcoming season of FIH Hockey Pro League 2022/23, Manpreet stated, "We will in-detail introspect and analyze our performance at the Commonwealth Games. That will be our focus as we prepare for our next assignments."

Savita, who led the Indian Women's Hockey Team to a historic Bronze medal at the Birmingham Commonwealth Games, also expressed her happiness to see more young women taking up sports to make a career out of it. She said, "I am overwhelmed to see more and more young women take up sports to make a career out of it. I feel with the country bagging several medals in events like the Olympics, Commonwealth Games among others, more children are inspired to take up an active lifestyle."

Overall, both teams were optimistic about the future of sports in the country and believed that

recent achievements would continue to inspire young people to lead healthy and active lives.



Indian Hockey shines at FIH Stars Awards 2021-22 with 6 winners including Harmanpreet Singh, PR Sreejesh, and Savita

Hockey India swept as many as 6 awards at the FIH Stars Awards 2021-22. From the Indian Men's Hockey Team - Harmanpreet Singh won the FIH Player of the Year Award 2021-22, while Goalkeeper PR Sreejesh was awarded the FIH Men's Goalkeeper of the Year Award.

From the Indian Women's Hockey Team, Savita was voted as the FIH Women's Goalkeeper of the Year, while Mumtaz Khan won the FIH Women's Rising Star of the Year award.

Indian Men's and Women's Chief Coaches- Graham Reid and Janneke Schopman won the FIH Coach of the Year awards.



An Arjuna awardee in 2021, Harmanpreet expressed his gratitude and attributed his success to the collective efforts of his teammates, stating, "This award is not mine alone, even though it is an individual award, because without the help and support of my teammates, this would not have been possible in any way at all. So, this is for the team."

Mumtaz Khan echoed Harmanpreet's sentiments, she opined, "I cannot believe that I have won this award. It is the hard work of our entire team over the year that has paid off, and I dedicate the win to my team."







Ace Indian Hockey goalkeepers PR Sreejesh and Savita also expressed gratitude upon being awarded the Goalkeeper of the Year at the FIH Star Awards 2021-2022 PR Sreejesh said, "No doubt, this is a special award because the hockey fans are voting for us. This is a big honour for me and a testimony to all the hard work. I would also like to thank Hockey India, the Ministry of Youth Affairs & Sports, SAI and the Odisha Government for all the support they have given us."

On the same, Savita expressed her surprise and elation, "This surely is a big surprise and a very pleasant one. I am sure many Indian hockey fans voted for us and I thank each one of them"

Head Coach for the Men's team Graham Reid said, "Being recognized with awards can be a source of inspiration regardless of where you are in your professional journey, so I am grateful for the recognition."

Janneke Schopman further added, "It really does feel pretty amazing to win the award when you are up against some of the finest coaches in the world."

FEATURE STORY







UPASANA SNGH

Midfielder Indian Women's Hockey Team

FEATURE STORY

Upasana Singh aims to represent India and win medal at the Olympics

> Upasana Singh has been making good progress in the world of hockey. The 21year-old midfielder, who was part of the national squad for the FIH Pro League 2021/22 matches against the Netherlands in 2022, started pursuing the sport at the age of 11, while she was studying in Agra.

> "I was always interested in sports. I, first, started with cricket, but upon suggestion from my coach, I switched to hockey," Upasana said.

> During the Diwali season, Upasana was injured by a girl she was playing along with.

> "Because of the injury I suffered, I became even more determined to pursue hockey and decided to dedicatedly pursue the sport," she added.

> While receiving support from her parents, Upasana was questioned by her neighbours over her decision to pursue hockey. "At that time, not many knew about women's hockey. Today, the situation has completely changed.



With our team's recent performances over the past decade, and our achievements, Hockey has become a well-known sport and even my family members now want their daughters to become hockey players," Upasana said.

Upasana moved to Madhya Pradesh Hockey Academy in 2013 and began her Junior Nationals career in 2013, as she helped her team win the Silver medal. In 2016, Upasana made her debut in the Senior Nationals and once again, she helped her team win the Silver medal.

"I was quite young at the time. Playing Nationals gave me a chance to grow my game and to learn a different set of skills at the time," she said.

In 2018, Upasana received her first opportunity to be a part of the Junior's camp. In 2021, she was called up for the first time at the Indian Senior Women's Hockey Team camp and was named among the 60-member core-probable group in January 2022.

Upasana further said that her dream is to represent India one day and stand on the Olympic podium.

"Much like any other hockey player, I wish to represent my country and wear the India jersey. My dream is to stand at the Olympic podium one day and make the nation proud," she signed off.





MOHAMMED BAHEEL

Forward Indian Men's Hockey Team

Mohammed Raheel Mouseen hopeful of India debut

The Indian Men's Hockey Team returned to National Coaching Camp in October 2022 in order to begin their preparations for the new season of the FIH Hockey Pro League. Having made quite an impression when he was part of the India squad for FIH Hockey 5s in Lausanne earlier in 2022, Raheel became a regular feature in the Indian Men's Hockey core group.

He expressed his excitement of making it to the 33-member core group. "You know that feeling you get when you are getting close to your dream, the restlessness, the excitement, it's a whole storm of feelings. I thought this was my last chance to get selected for 33 and I worked really hard to make sure I don't let this opportunity slip from my hands," Raheel said.

The Bengaluru lad was first picked in the Senior National Camp in January 2022 after an impressive performance in Hockey India Senior National Championship where he was named the Player of the Tournament and Highest Goal Scorer.

When asked about his chances to make a debut for the Indian team, he said, "I am waiting for a chance to show everyone how I play and I am working hard on my game. The last year has been a great learning experience for me and I definitely am vying to take my performance to the next level. Surely making a debut for India is my biggest dream and there is quite a healthy competition within the core group to make a place."

Raheel also spoke of the positive atmosphere in the group ahead of the biggest event in the hockey calendar, the FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar - Rourkela. He said, "Everyone in the group is looking forward to the next three months. It's going to be a great build-up to the biggest event in the hockey calendar and the mood within the group is very upbeat with every single player wanting to give his best. I think each one of us pushes each other to bring out our best."

FEATURE STORY







FEATURE STORY IOTH SULTAN OF JOHOR CUP 2022

Indian Junior Men's Hockey Team reign supreme over Australia to win the Sultan of Johor Cup

The Indian Junior Men's Hockey Team went past Australia to win the 10th Sultan of Johor Cup after a tense penalty shootout. The two teams were tied at 1-1 in regulation time after which India edged Australia 5-4 in the shootout to claim their third Sultan of Johor Cup title. Hockey India announced Rs Two lakh each to the players and Rs One lakh each for the support staff of the Indian Junior Men's Hockey Team who won the prestigious 10th Sultan of Johor Cup after a tense penalty shootout.

While Sudeep Chirmako (14') scored the goal for India in the regulation time in the final, Australia's Jack Holland (29') scored the equaliser to push the match to the shootout. In the intense shootout that went right down to the wire, Captain Uttam Singh scored twice, while Vishnukant Singh, Ankit Pal, and Sudeep Chirmako were on target to help India clinch the thriller. The top-scorer at the 10th Sultan of Johor Cup was India's Sharda Nand Tiwari with 7 goals to his name, and the Player of the Match in the Final against Australia was Sudeep Chirmako.

Earlier, Indian Junior Men's Hockey Team started their campaign with a 5-2 win over Malaysia, with Amandeep (6'), Araijeet Singh Hundal (10'), Boby Singh Dhami (20'), Sudeep Chirmako (26'), and Sharda Nand Tiwari (56') on target. In their next game, India went down 4-5 against South Africa with Sharda Nand Tiwari (9', 10'), Captain Uttam Singh (17'), and Sudeep Chirmako (45') being on the scoresheet for India.



In their third game of the tournament, India triumphed 5-1 over Japan with Captain Uttam Singh (3'), Rohit (12'), Purty Johnson (21'), Boby Singh Dhami (31'), and Amandeep Lakra (51') scoring a goal each. India drew 5-5 against Australia in their next game with Sharda Nand Tiwari (8', 35') scoring a brace and Boby Singh Dhami (2'), Araijeet Singh Hundal (18'), Amandeep (60') getting a goal each.

India drew 5-5 against Great Britain in their final round-robin stage match with Sharda Nand Tiwari (56', 58') scoring a brace again, and Chandura Boby Poovanna (7'), Amandeep (50'), and Araijeet Singh Hundal (53') scoring a goal each to help their team book a spot in the Final against Australia.





CHAMPION TEAM INDIA





The Indian Junior Men's Hockey team's triumph at the Sultan of Johar Cup is a massive boost for the squad as they prepare for the FIH Junior World Cup, according to Skipper Uttam Singh. The Indian Junior Men's Hockey team won the Sultan of Johor Cup in October, defeating Australia. It was India's third overall title triumph and their first since 2014. India won the summit clash via shootout (5-4) after the game was tied at 1-1 at the end of regulation time.

"I was a member of the Indian team during the previous edition of the competition, and we came very close to winning it but were defeated in the final. This time, however, it was an experienced team, and the entire group had worked extremely hard over the previous few months, so this win feels surreal," said Uttam Singh.

India kicked off their campaign with a 5-2 victory against Malaysia. India lost their next game against South Africa 4-5 and after that made a massive comeback by defeating Japan 5-1. India recorded a 5-5 draw against Great Britain and Australia in their last two round-robin matches.

The youngster stated that India's 2014 victory at the Sultan of Johor served as an inspiration to them. The Indian team that won the Sultan of Johar Cup in 2014 also won the FIH Hockey Men's Junior World Cup in 2016, which was played in Lucknow. This served as a big inspiration for him.

FEATURE STORY

Indian Junior Men's Hockey Team Captain Uttam Singh reflects on Sultan of Johor Cup glory

"Yes, I have heard Harmanpreet (Singh) and other players from India's Sultan of Johor Cup winning squad in 2014 speaking fondly about their victory and how it encouraged them to win the Junior World Cup title," he said.

He added, "This is a massive win for us because it had some of the top junior teams in world hockey. It will certainly build our confidence as we work on improving our game further in the lead-up to the Junior World Cup being held next year in Malaysia."





On song Sukhjeet Singh utilises Pro League opportunity

SUKHJEET SUKHJEET

Indian Men's Hockey Team forward Sukhjeet performed admirably at the FIH Men's Hockey Pro League 2022-23 matches against Spain and New Zealand at the Kalinga Stadium in Bhubaneswar in October and November. The 25-year-old forward started for India in all four games and even scored his third goal for the senior men's team during

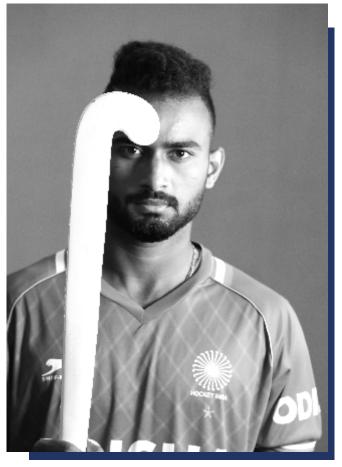
the match against New Zealand.

Sukhjeet's goal-scoring opportunity came in India's second game against New Zealand when the forward, following a sublime pass from Manpreet Singh, fired the ball past the Kiwi goalkeeper to add a goal to India's tally. India eventually prevailed 7-4 in the game. Speaking about getting the important goal, Sukhjeet said, "It was a tight match. We were trailing 1-3 at

one point. So, it was important for us to get the goals back and I am glad I was able to convert a late one for my team. It was a good moment for me."

The Indian Men's Hockey Team began their campaign in the FIH Men's Hockey Pro League 2022-2023 with a 4-3 win over New Zealand before falling 2-3 to Spain. India then defeated New Zealand 7-4 before defeating Spain via shootout (3-1SO) after the game was tied at 2-2 at the end of regulation time. "I think we performed well. Our aim was to play as a unit and we did that well. We played the style of hockey we wish to play. There are a couple of areas where we can improve upon and now, we will work on that."

"Working along with the team and playing with all the experienced members is a motivation in itself to improve. Everyone also keeps on sharing advice which also helps. I definitely felt that I was a much-improved player this time around and I hope to continue this trajectory," he signed off.





WORLD CUP SPECIAL

Hockey Te Charcha Podcast

H CKE TE CHARCHA

The Hockey Te Charcha Podcast, was initiated by Hockey India with the purpose of offering insights into Indian Hockey from people closely associated with it. The podcast features guests who have been involved in Indian Hockey in various capacities, such as coaches and players, who share their personal and professional experiences in the sport.

In the build-up to the FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar - Rourkela the podcast featured a few key members of the Indian contingent; Jugraj

Singh, Hardik Singh, Krishan B Pathak, Sumit and forward Lalit Kumar Upadhyay.

Indian Men's Hockey Team's rising star and drag-flicker Jugraj Singh spoke about his journey from his humble origins in Attari, playing for Punjab National Bank, the Navy Hockey team eventually representing the Indian National Team. He said, "I was eagerly waiting for that one chance to play in the senior Indian Men's Hockey team. I put in a lot of work preparing myself for that chance and it was an extremely proud moment for me."

He further added, "one must fight with all his will power to achieve anything they want in life, and I did the same."



Hardik Singh shed light on the team's preparation ahead of the World Cup the excitement ahead of the marquee event, he said, "We have been training hard and the team is hungry for a podium finish." He went on to say that the competition will be fierce at the FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar - Rourkela, "All games will be very difficult, it does not matter who the team on the other side, we will treat every game like a final."



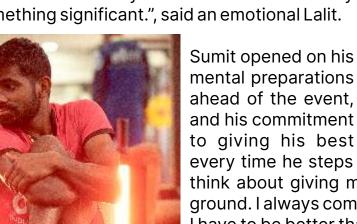


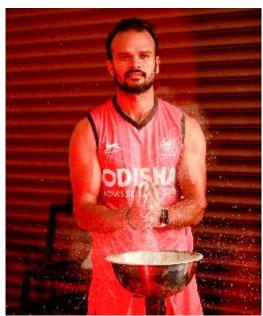
Krishan B Pathak spoke about his connection with the

team, "the team is like my family. It has been since my junior days ... I think what makes our team so great is the emotional bond we have with each other and the understanding we offer to each other"

Forward Lalit Kumar Upadhyay, spoke about the impact of the Tokyo Games and how it has

inspired the team and the country. "We will try to replicate what we did during the Tokyo Olympics after which people felt we revived hockey in India, we want to return the love hockey fans showered on us by doing something significant.", said an emotional Lalit.





every time he steps out to represent India, "I always think about giving my 100 percent when I go to the ground. I always compete with myself and believe that I have to be better than what I was yesterday. My duty is to do the hard work and selection completely depends on the coach and selectors"



FEATURE STORY

Hockey India President Dilip Tirkey urges Academies to focus on improving drag flicking and goalkeeping

In a correspondence that went to all Hockey India Member Units in November, Padma Shri Dr. Dilip Tirkey, President, Hockey India stated the growing importance of specialist Drag-flickers and Goalkeepers in modern hockey. He also highlighted the need to develop a talent pool of young athletes specialised in these two skills.

He stated, "The drag-flicking technique has become one of the most thrilling aspects of modern hockey. The joy of a well-coordinated penalty corner with the ball being dragged at the speed of a bullet going past the wall of defenders always emerges as one of the most exciting aspects of the sport. Similarly, there is a growing importance of having a well-trained and agile goalkeeper. India's recent success in major international tournaments can be attributed to PR Sreejesh and Savita who have played their roles with utmost professionalism."

He further added, "Drag-flickers and Goalkeepers at Junior level still need vast improvement in their game skills. Hence, there is a growing need for specialised coaching across these disciplines at the academies."

In light of this need for enhancing our pool of talent across these aspects, Hockey India has initiated a process of scouting talent from a young age and with the support of the Hockey Academies and Sports hostels, support the training and selection of these athletes for national programs.

Additionally, to develop better young talent across these two critical domains, Hockey India has urged the Member Units to initiate specialised coaching across the Hockey Academies and Sports Hostels. The coaches engaged for this will train Zonal teams selected during inter-zonal tournaments. These coaches, who are as essential to the ecosystem as all other coaches, will also get a chance to enhance their own skills as part of this programme.





Hockey India Presents Flashback Series

Hockey India launched Flashback Series and My Favourite World Cup Memories

Hockey India also launched two initiatives - the Flashback series and Favorite World Cup Memory series - as part of the build-up to the Hockey World Cup.

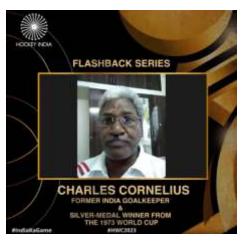
The flashback series commenced with 1975 World Cup Winner Harcharan Singh. V Baskaran, silver medallist at the 1973 World Cup and his teammate Charles Cornelius also featured in the series. Several members of India's 1975 World Cup-winning squad, including Captain Ajit Pal Singh, VJ Philips, and BP Govinda, were part of the series announced to relive the golden years of Indian hockey. The series also featured Indian legend Viren Rasquinha, former Indian Captain Sardar Singh, and VR Raghunath.

Several of stalwarts of the Hockey fraternity also featured on "My Favourite World Cup

Memories" which brought hockey fans unknown facts, fun anecdotes and special moments for hockey stars around the world who have achieved the pinnacle at this prestigious event in the previous years.

This includes former World Cup winning Belgium Captain Thomas Briels, his teammate Vitor Wegnez, Mark Knowles, who won the World Cup with Australia in 2010, Moritz Fuerste, who was part of the Germany team that won the World Cup in 2006, Dutch defender Mink van der Weerden, former Australian forward Glen Turner, two-time World Cup winner from Netherlands Stephan Veen, 1994 World Cup winner, Tahir Zaman from Pakistan and Indian legend Zafar Iqbal among others.











MEMBER UNIT

INFRASTRUCTURE DEVELOPMENT **AUGUST TO NOVEMBER 2022**

Ground, Gujarat, India has been granted the FIH Category 2 Hockey field certificate based on its construction, performance, player welfare requirements.

FIH field certification

the Synthetic Turf Hockey Stadium at BHSS in Pulwama, India for receiving the FIH Category 2 field certificate based on its construction, performance, and player welfare requirements.



welfare requirements.



Major Dhyanchand Hockey A big congratulations to Congratulations to the Congratulations to Saurashtra University Jujumora High School, Campus, Rajkot, India for Jujumora, India for being being granted the FIH granted the FIH Category Category 2 field certificate 3 field certificate based on based on its construction, its construction, performance, and player performance, and player welfare requirements.



Congratulations to Hockey pitch-1 State Sports Hostel Training Centre, Birkera Police High School Panposh Rourkela, India Lathikata, India for being for being granted the FIH Category 2 field certificate 3 field certificate based on Category 3 field certificate based on its construction, its construction, performance, and player welfare requirements.



Congratulations to Hockey granted the FIH Category performance, and player welfare requirements.



Congratulations to the Playground, Chatrapur, India for receiving the FIH based on its construction, performance, and player welfare requirements.



MEDIA COVERAGE

AUGUST TO NOVEMBER 2022



The Political and Business Daily

India hockey forward Abhishek concedes team has to 'improve upon in training' following CWG thrashing



NEW DELHI, AUG 12

YOUNG India men's team forward hockey team forward Abhishek has conceded that the 0-7 thrashing at the hands of Australia in the final at the Birmin ngham to Commonwealth Games was a lesson that the side had to 'improve upon in training'. India's hopes of clinch-ing their manden CWG hockey gold remained a dream as they were soundly thrashed in the quadrennial showpiece, even as Australia went on

to clinch a record-extend-ing seventh CWG gold.

Even though the final against Australia did not go our way, we learned a lot from the match and

have to improve upon in training, optiond Abhishek on Friday. The forward, who is set to turn 23 on August 15, started in all sis games at the Commonwealth. the Commonwealth Games and renained an ever-present threat inside the opposition's defence as India settled for silver. He believes the tournament was a big learning experi-ence for him.

Abhisheis made his sen-ior India debut earlier this year when the learn trav-

ior India debut earlier this year when the learn trav-elled to South Africa for the FIH Pro League 2021/22 matches in February. He played 14 matches during the Pro League and displayed consistent performances,

on the back of which he was selected in the Birmingham 2022 Communicalith Games

Speaking about his experiences of performing on the big stage. Abhishes, who also scored two goals at the Games, said, 'It was quite a memorable experi-ence for me to perform on such a big stage. I learned a lot about my game during the tourna-ment, and understood areas where I can improve

areas where I can improve

"Our chief coach Graham Reid had already told me before in training sussions to enjoy the games and to not take too much pressure. -IANS

Millenium Post

Coach Janneke Schopman's hands-on approach has brought best out of me: Jyoti

NEW DELHE Indian women's hockey team forward lyoti says chief ouch Sanneke Schopman's hands-on approach hashelped her to make deastic imperre-ments as she wan a bronze modal on debut at the Com-monroealth Games. The 22-year-old was part of the Indian women's hockey team that returned to India after dinching a mestorable bronze

dinching a memorable bronze medal at the Birmingham Com-monwealth Games, ending a 16-year medal drought at the

quaurennial event.

The players and coaching staff have really helped me improve my game. Now I feel a lot more confident while carrying the ball and my off the ball movement has improved deaut. novement has improved drasti-ally," she said in a Hockey India

'The coaching staff have also given me a lot of confidence to try something different and

creative on the field'

(HII) release.
"The coaching staff have also given me a lot of confidence to try something different and cre-ative on the field."

anve on the field."

On the influence of Schopman, lyoti said: "Jameeke has helped me improve my game. She has taught me how to make the game simple and easy for see has taight me now to make the game simple and easy for myself. I do not punder on the ball anymore and look to move it as swiftly as possible.

"Her hands on approach during practice sessions has bought out the best of my abilities."

Talking about her maiden appearance at the mege sporting event, Joni said: "Common-wealth Games was especially important for me because this was my first appearance for the team at a multi-discipline event. "Winning the bronze medal filled us up with an immense

filled us up with an immense sense of pride and joy and is a true reward for everyone's efforts connected to the team. The bronze medal has surely made this outing doubly spe cial for me."

The supmer's team claimed the beouze medal after pulling off a thrilling 2-1 shootout win over New Zealand after a 1-1

scoreline in regulation time.

"My whole experience of
the Garnes yeas amazing. We
won our matches against Ghara.
Wales and Canada but lost to
England in the group state.
I also understood that losing
and winning will always be an
important port of any tourno-ment, the said.

"We were not fine unterstora.

"We were not fine unterstora.

"We were not finesurites for a medial at the CWG 2022, but we

Ahmedabad Mirror

'Team must improve upon in its training'

Says hockey forward Abhishek after CWG defeat

Young India men's hockey team for ward Abhishek has conceded that the 0-7 thrashing at the hands of Australia in the final at the Birmingham Commonwealth Games was a fesson that the side had to "improve upon in

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Even though the final against Australia did not go our way, we learned a lot from the match and have to improve upon in training,"

opined Abhishek on Friday.

The forward, who is set to turn 23 on August 15, started in all six games at the Commonwealth Games and remained an ever-present threat inside the opposition's defence as India settled for silver. He believes the tournament was a big learning experience for him.

Abhishek made his senior India debut earlier this year when the team travelled to South Africa for the FIH Pro League 2021/22 matches in February. He played 14 matches during the Pro League and displayed consistent performances, on the back of which he was selected in the Which he was selected.

Birmingham 2022 Commonwealth Games squad.



India's hopes of clinching their maiden CWG hockey gold were dashed

The Daily Guardian

Women's Hockey League to begin from 16 August

Chelo India Women's key League 23 (Un-16) matches will er ce from Tuesday here ne iconic Major Dhyun und National Stadium. The league will see 16 cams divided into Pool and Pool B vie for top onours. This will be the st phase of the league, vhich will go on till Ord August, with each vinning team being awarded three points, one point for each team in the event of a draw

and zero points for the losing side. Grouped in Pool A are Sports Authority of India



W. Bhai Behio Hockey Acad emy Bhagta, Ghumanhera Riser's Academy, Citizen Hockey XI, Smart Hockey Academy Raigsur, Pritam Siwach Hockey Academy Sonepat, Mumbai School Sports Association, and

Sports Association, and Sports Hostel Bhuhaneswar. In Pool B are Sports Authority of India 'B', Angota pur Hockey Academy, HAR

Hockey Academy, Delhi Hockey, Madhya Pradesh Hockey Academy, Odisha Nanal TATA Hockey High-Performance Centre, Salate Hockey Academy, and Speets Authority of Gagaest Academy. Talking about the impor-

tance of a league for the under 16 age entrgory, Rau-jen Ekka, Teum Manager of Sports Hostel, Ilbahaneswar said, "This is a great initiative by the Government of India. Getting the right amount of exposure is critical for budding players in this age group category, and an ex-clustive league for under-16 girfs will definitely motivate academies to develop more players at the grassroots level. Our beam is reaching New Delhl on Monday."

The Hindu

Indian hockey players share heartfelt messages ahead of Independence Day

NEW SILLE
A few members of the Indian
men's and women's hockey exams
shared heartifet messages on the
eve of the Independe Day.
"I would like to wish all the citistrust of our country a very Happy
Independence Day. This one is cotreat special for us to lift hour 75th Independence Day. We have grown
tremendously as a nation, especially in the field of sports," said
men's team captain Manpreet
Singh.

ngh. Defender Harmanpoeet Singh iki: "It's been absolutely fantastic

to see our growth as a nation in the last the years and I am eager to see how far we can go in the future. The determination and persistence we have shown in every field are simply amosing."

The men's trans goodseeper P.R. Senojosh said: "There's no grossive profet than ploying for your country and therefore independence buy is always special to me. It's been truly magnificent to be a small part of this pourney. I wish not persistence buy: "The vomest supple said light this Independence Day."

The women's signper Savita Puritia also wished the follow citizens.

"It's a great honour and pride for us to complete 75 years of Independence, I wish all Indiansa very Happy Independence Bay.

"I hope you enjoy the day and also look back at how far we have come. We have done ecocedingly well in sports in the last few years and I am certain that we are going to get stronger from here."

Forward Vandana Karariya said:
"Hits is a special day for all of us. I always feel very proud of the way our notion has grown over the years.

years.
"I hope that we keep evolving as a nation in the years to come."

The Pioneer



We desperately wanted a podium finish at CWG after WC debacle: Tete

PRESONEES

This state of the complete of the c

The Hindu

'We desperately wanted CWG medal after WC debacle: Salima

The Indian women's team claimed a bronze medal in Birmingham after beating New Zealand



High point: Skilms Tete, centre, calebrates scoring the opening goal against New Zealand during the vorner's bronze medal match. Asir

HOCKEY

said they desperately warn-od to win a medal at the Bir-mingham Commonwealth Games after a disastrous world Cup campaign earlier

this year.

The Indian women's learn claimed a livrorus medal in Birmingham after bearing. New Zouland 3-1 in the pre-

new Xentand 34 in the pe-nalty shootnet.

But prior to then, India en-bared a disappointing out-ing at the World Cap journly-leasted by Spoke and the Setherlands, Initialing a low-tratesh.

do well at the 2022 Com-monwealth Garies in Hi-minghan, there was no oth-or option," she sall in Hodos To Chamba' yingcarino.
"We were sare we had to get a needal before retraining fact in the ball to get a needal before retraining

Young for Balls has easy couly changed my Be a loc. It has given me severything I could have above for I just want to leep performing for the country and win mored.

Solima skellers former India septial Amount Lairs and Sikki Perafrars, both of when held a big influence in her causer, "I cause to hock-

ny fhrough the junior reation als and I had a role model in Assatta Lakra. I warned to become file her, when I saw her playing. I firk that if she can do it, so can I.

Important figure

"Nikil Pradhan is a very leymortant figure in my denmortant figure in my denmortant figure in my denmortant figure in my

"My family too is very
supportive and they then't think of the difficulties, my
family, my parents and a-bilings are very supportive," the unit.

Salins also said that inte-mating with Prime Musice Parendra Moditured out to be very northering.

Namendra Model turned out to be very motivating.

"Morting the PM was a ve-ry hig thing for someone like war. All of us meeting the PM, is a source of motiva-tion, it is a motivation for us no. It is a motivation for us to beep working hand and ackine good roughs."

The Political and Business Daily

Bhubaneswar, Rourkela getting a makeover for FIH Men's Hockey World Cup 2023

BHUBANESWAR, AUG 21

WITH less than five months left for

WITH less than five months left for the FIH Men's Hockey World Cup, 2023 to commone, hockey lovers across the world are excitedly looking towards Odishu, which will host the mega sporting event As Odisha is not only the host-ing state, but also sponsoring the national men's and women's hock-ey teams, it is learning no stone unturned to make the event more memorable than the previous World Cup, which was also hosbed here.

here.
The Hockey World Cup will be held in Rourkela and Bhubaneswar from January 13 to 29, 2023, Several players, exiches and FIH officials have lauded the and FIH officials have lauded the marvellous bodiety stadium inside the iconic Kalinga Sports Complex in Illiubaneswar, where the last odition of the World Cup was organised.

organised.

Apart from the Kalinga
Stadium, the 2023 World Cup
matches will also be played at the
Bersa Mundab international Hockey
Stadium in Roorkola, Sundangark.
Sundengarh district is said in
be the heart of hodesy in India as



the region has produced several international hockey players such as former captains Dilip Turkey, Ignace Tarkey and Pardooth Turkey in the men's team and Subbadra Fradhan and Ivoti Sunita Kulu in

the women's team.

It has also procheed more than 80 international hockey players, including Olympians Lazamistic, William Xalco, Birendra Lakra and Suntra Lakra. Three players from Sundergarth – Deep Grace Ekka (women's team), Amat Robidas and Strendra Lakra – macke it to the 2020 Tokyo Chympic Gornes.

Games.
Recognising the talents of the soil, Naveen Patnaik took the decision to build the country's largest

hockey stadium soon after Odisha was selected by the international hockey federation (FIH) to host its flagship event for the second time

in a row.

Besides the main stadium, which will have a 20,000 seating capacity, a peacine pitch is also being developed nearby.

On the other hand, Kalinga Stadium is also being upgraded.

Recordly, a brand new bart has been laid for the upcoming World Cox.

been laid for the upcurring recur-Cop.

Apart from the stadiums, the state has also lined up a lot of infrastructure and beautification projects in the cities of Bhubaneswar and Rourise'a to give a pleasant experience to the bock-

ey players, sports lossers and other guests during the World Cap. The state government is eying to make the Kourkada ainstrip operational before the event white connecting roads are being strengthened in the steel city.

Odelta Cheef Minister Navoen Patranik has already unveiled the official lago for the FHI Odelsha Blockey Men's Wind Cup 2023.

A meeting between the FHI and the Hockey India Committee of Administrators (CaA) was bried recently in New Dolla recently in New Dolla venero both the caganisations appreciated the infrastructure being developed for the bournament. They said the official draw for the World Cup 2023 would be announced in Bhubbaneswar on September 8, 2022.

Odisha spurts, secretary, R.

2022.
Odisha spurts secretary R. Vineel Krishna-said, "We are eager-ly kanking foreard to hosting the Hockey Men's World Cup 2023, While Kalinga Stadium is match ready with two new pitches laid insain and practice. Birsa Munda International Hockey Stadium in Roatslea will be ready in the continue months."

ing months."
Rourhala too is going through massive development to welcome the participating teams, he said.

The Hindu

CWG bronze a huge confidence boost for me: Nisha

The Indian women's hockey team will return to the National camp on August 29

HOCKEY

The Indian women's hockey team made history at the recently-concluded Birmin ham 2022 Commonwealth Games after clinching the bronze medal, their first CWG Medal after 16 years.

27-year-old midfielder Nisha, who was absolutely thrilled to be a part of the bronze medal-winning team, spoke about the importance of the medal for the team

and for her career.
"This CWG medal will al-

ways be special to me as 1 have always dreamed of being part of medal-winning at prestigious

Shining on the big stage

"We have always looked to play our best hockey at the Olympics and Commonwealth Games and we are glad to have put in a great performance

Birmingham. "The team has grown from strength to strength since I joined the side in 2019 and hopefully, we keep evolving as a team in the

Nisha also said that the CWG medal is a huge confidence booster for her.

'I have certainly gained a lot of confidence after CWG, I feel blessed to have been part of a fantastic experience and we gelled as a team very well during the competition.

Rewarding

"It was very rewarding for me to contribute to the team's success and I will keep working hard to help the team do even better in

the upcoming tournament." The team will return to the National camp on August 29 at SAL Bengaluru.

Speaking about the team's focus after their return to training, Nisha said, "We have noted down the mistakes we made during CWG and we will definitely be focusing on improving them.

I feel the team is moving in the right direction and if play to our potential, we can certainly start winning gold medals at the biggest of stag-

"We are coordinating very well on the field and it's been an absolute pleasure to be a part of this team."

Millenium Pos

Bigger & better: Odisha's aim for hockey WC

for hockey WC

BHURANESWAR, Oxlobais politic per all oxyo for the
topomeing FIB Heeder Merix
Weeld Cop need and oxyo for the
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Weeld Cop need to extense
that the creat is great personal
better than in pervious edition.
Chief Secontary Sureah
Chandra Mulayaura emphasised on the challenges of the
event as it will be held in two offies Butbancawar and Rouxhela—
at the same three, according
at the same time, according
at the same time, according
a the same time, according
a read office on Monday. We
are confident of ensuring a
smooth, successful and merrocrable world cap for players,
officials, fans and speciators,
be said during a meeting with
top officials at the Look Sehu
Bharan, the state occreativit.
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mended of the held
from Junuary 13-29, 2023. The
state is hosting the maraques
event for the second time in
a row after hearing is in Blubancing in 2028.

The Hindu

Devastating to not play the final: Vivek

The midfielder missed CWG summit clash due to injury

Onward and upward: Nisha, left, said contributing to the

team's success was very rewarding for her. • Are

PRESS TRUST OF PADIA

seaso reason or rema-sion man indiant men's hockey usan midfielder Voole Sagor Pra-sad stops he was devostated after missing he fraul of the Commonwealth Carnes against Australia due to ami-nor knee injury. India had to seele for a sil-ser medal after going down 0-7 to Australia in the fraul of the quadrennial event. "I was devostated to riss-the Commonwealth Carnes fired against Australia," Vi-vels said in a Hockey India Offit release. "Making the final of such

"Making the final of such a prestigious tournament is a big deal for any player. Having played a good cam-paign to reach the final and then being ruled out of the number clash due to injury was devastating for me.

"I really wanted to be there for my team on that particular day. However, this happens in sports. So, the only thing we can do now is to move on."

This was Visuk's second CWG compaign. In 2018, at the Gold Coast edition, he was the youngest player in the squad, which returned home without a medal

Having rested over the post few weeks, Vivek is all set to join his compatrices at the National Camp which commences in SAI, Bengoluni, on Monday.



Morning India

Indian women's hockey team midfielder Sonika shows happiness with her performance at CWG 2022



The Daily Guardian

FOCUS IS ON WINNING NATIONS CUP TO BOOK NEXT SEASON'S FIH PRO LEAGUE BERTH: DEEP GRACE



Australia – the thorn in India's flesh



Hockey India names 33 probables for FIH Pro League matches

BENGALURU: Hockey India BENGALURU: Hockey India on Saturday named a 33-mem-ber men's core probable group, including the likes of captain Manpreet Singh and veteran goalkeeper P R Streejesh, for the FIH Pro League season opening matches beginning on October 28. on October 28.

The players will report to the SAI Center in Bengaluru on Monday for a national camp ahead of FIH Pro League matches against New Zealand and Spain at Kalinga Stadium in Bhubaneswar.

Talking about the camp, chief coach Graham Reid said. "The FIH Hockey Pro League 2022/23 will give us insights into the areas that require work ahead of the FIH Odisha Hockey Men's World Cup 2023 Bhubaneswar-Rourkela.

The matches against

The team will move to Bhubaneswar on October 21 after a three-week camp in SAI, Bengaluru

Spain and New Zealand are important for us and the players are excited about the upcoming months of hockey. We have chosen some fresh names in the core group who have shown great potential and are eager to perform when given a chance."

India play against New Zealand on October 28 and November 4. They face Germany on October 30 and November 6.

The team will move to Bhu-baneswar on October 21 after

a three-week camp in SAL

Bengaluru.
The Probables:
Goalkeepers: PR Sreejesh,
Krishan B Pathak, Pawan

Defenders: Jarmanpreet Singh, Surender Kumar, Har-manpreet Singh, Nilam San-jeep Xess, Amit Rohidas, Jugraj Singh, Mandeep Mor, Yash-deep Siwach, Dipsan Tirkey, Senios Morios Surak

deep stwach, Dipsan Lincey, Sanjay, Manjeet, Sumit Midfielders: Manpreet Singh, Hardik Singh, Vivek Sagar Prasad, Moirangthem Rabichandra Singh, Shamsher Singh, Nilakanta Sharma, Raj-kumar Pal, Pawan Rajbhar

Forwards: Akash-deep Singh, Gurjant Singh, Maninder Singh, Mobd Raheel Mouseen, S Karthi, Mandeep Singh, Lalit Kumar Upadhyay, Abhishek. Dilment Singh, Abhishek, Dilpreet Singh, Sukhjeet Singh. #50005

The Print

ThePrint

Partner With Us



Spain and New Zealand arrive in Bhubaneswar for FIH Hockey Pro League 2022-2023



Bitufunerway (Odiahai Jindia), October 26 (ANT): With the PIH Hockey Pro League India leg starting this weekend, Spain and New Zealand arrived on Trenday In the temple city of Bhotianeswar, which is also one of the versues for the most attained FIH Odisha Hockey Men's World Cup Bhubanetwan Rounlela in January 2023.



The Hindu

HI names 33 probables for Pro League

Hockey India on Saturday named a 33-member men's core probable group, including the likes of captain Manpreet Singh and veteran goalkeeper P.R. Sreejesh, for the FIH Pro League season opening matches beginning on October 28.

The Probables: Goalkeepers: P.R. Sreejesh, Krishan B. Pathak, Pawan; Defenders: Jarmanproet Singh, Surender Kumar, Harmanproet Singh, Nilam Sanjeep Xiess, Amit Rohidas, Jugraj Singh, Mandeep Mor, Yashdeep Sirvach, Dipsan Tirkey, Sanjay, Manjeet, Sumit; Midfielders: Manproet Singh, Hardik Singh, Vivek Sagar Prasad, Moirangthem Rabichandra Singh, Shamsher Singh, Milakanta Sharma, Rajkumar Pal, Pawan Rajbhar; **Forwards**: Akashdeep Singh, Gurjant Singh, Maninder Singh, Mohd Raheel Mouseen, S Karthi, Mandeep Singh, Lalit Kumar Upadhyay, Abhishek, Dilpreet Singh, Sukhjeet Singh.







India Would Be One Of My Top Picks For FIH Men's Hockey World

The Times of India

Australia will pose biggest challenge for India: Ajit Pal

NEW DELHI

Hockey great Ajit Pul Singh believes Amtralia will like-ly pose the biggest threat to India's quest for World Cup

glory at home saying the heats will have to play to their full potential to overcome the challenge of the Kockshor the Kookabur-

medal match at

the 2022 Birm-ingham Commonwealth Games and Singh said the bosts can counter the Kook-abureas' challenge by playing together as a

The World Cup will be played in Rhubaneswar and Rourkela from January 13. to 29 with 16 teams vying for the trophy India are clubbed in Pool D with Wales, Spain, England. "The Indian men's team

should consider every single game as extremely im-

difficult town, but they must play to their full potential. Winning or losing is a part of the game, but you do your best at all times.

said Ajit Pal, the captain of the 1975 World Cup in Kuala Lampur "And India can de it if they play well and to-gether as a unit. And I wish they can do it because many years have passed since we have touched the World Cup trophy." AJA Pal, also a member of three medal-winning World Cup squads, also advised the Harmangreet Singh-led side to do their basics right

India have quality players to shine in WC: Tirkey







We got goosebumps on seeing the trophy: Harcharan Singh on India's 1975 hockey WC triumph

The Print

ThePrint

India has a good chance to win the men's hockey world cup: Former Pakistan forward Tahir Zaman





India has a good chance of winning the PDH Mexix Huckey World Cup being held in India next year, but added that the hume corred and local media could be a disadvantage for the side and

Australia, Belgium, Netherlands are favourites but don't take India lightly, says former Austrlian player Glenn Turner The farmer player who wan the World Cup in 2018 and 2014 feets Australia's busics and fundamentals 0000 67 HOVENERS, 2022 12:59 (07



TEAM BIRTHDAYS



| SENIOR MEN | DECEMBER | | JUNIOR MEN | | | |
|----------------------|----------|--------------------------|------------|--|--|--|
| LALIT KUMAR UPADHYAY | 01 | ADITYA SINGH | 01 | | | |
| AKASHDEEP SINGH | 02 | UTTAM SINGH | 10 | | | |
| SUKHJEET SINGH | 05 | SUNIL JOJO | 14 | | | |
| SUMIT | 20 | AMANDEEP | 20 | | | |
| MOHD. RAHEEL MOUSEEN | 20 | RAJINDER SINGH | 21 | | | |
| YASHDEEP SIWACH | 26 | HIMWAAN SIHAG | 23 | | | |
| | | MANOJ YADAV | 27 | | | |
| | | SATHISH B. | 28 | | | |
| <u>JANUARY</u> | | | | | | |
| GURINDER SINGH | 01 | BOBY SINGH DHAMI | 07 | | | |
| HARMANPREET SINGH | 06 | SHARDA NAND TIWARI 07 | | | | |
| MANDEEP SINGH | 25 | ADITYA LALAGE 15 | | | | |
| GURJANT SINGH | 26 | ARAIJEET SINGH HUNDAL 21 | | | | |
| SIMRANJEET SINGH | 26 | <u> </u> | | | | |
| <u>FEBRUARY</u> | | | | | | |
| MANINDER SINGH | 04 | INNOCENT MUNDA | 08 | | | |
| VIVEK SAGAR PRASAD | 25 | SHAHBAZ KHAN | 14 | | | |
| | | MOHITH H.S. | 27 | | | |
| | | MOHIT KARMA | 29 | | | |
| | | | | | | |

| SENIOR WOMEN | | | JUNIOR WOMEN |
|--------------------------|------|----------------|--------------|
| | DECE | MBER | |
| RANI | 04 | PUJA SAHU | 02 |
| DEEPIKA | 06 | ANNU | 12 |
| SANGITA KUMARI | 24 | ANJALI BARWA | 14 |
| | | DEEPIKA SORENG | 17 |
| | | ASHWINI KOLEKA | R 23 |
| | | PREETI | 25 |
| | JANU | JARY | |
| UDITA | 14 | HRITIKA SINGH | 16 |
| SUSHMA KUMARI | 22 | | |
| NAVNEET KAUR | 26 | | |
| | FEBR | UARY | |
| SUSHILA CHANU PUKHRAMBAM | 25 | MADHURI KINDO | 25 |



IN FOCUS
MUNTAZ KHAN

(Indian Women's Hockey Team)

My age is - 20

My hometown is - Lucknow, UP

I play as a - Forward

My debut was in - 2016

My most important target – Getting on the podium in the Paris Olympics

My favourite workout is - Core workout

My favourite actor is - Ranveer Singh

My favourite song is – Maan Meri Jaan

My favourite cuisine is - Chinese

My best sporting moment – Playing in the FIH Hockey Women's Junior World Cup

My idol is – Rani

My dream destination is - Dubai

If I wasn't a hockey player, I would've been – Teacher

My gym buddy are – Mahima and Jyoti

My favourite outfit is - Suit Salwar

3 things I don't travel without – My phone, earphones and friends

My cheat meal – Everything from KFC



IN FOCUS SANJAY

(Indian Men's Hockey Team)

My age is - 22

My hometown is - Hisar, Haryana

I play as a - Defender

My debut was in - 2021

My most important target – Finishing on the podium in Olympics 2024

My favourite workout is - Drag flick practice

My favourite actor is - Ali Fazal

My favourite song is – AK 47 by Sidhu moose wala

My favourite cuisine is - North Indian

My best sporting moment – Playing the youth Olympic Semi-Final was the most memorable

My idol is - Gonzalo Peillat

My dream destination is - America

If I wasn't a hockey player, I would've been – A Kabaddi player

My gym buddy is - Mandeep Mor

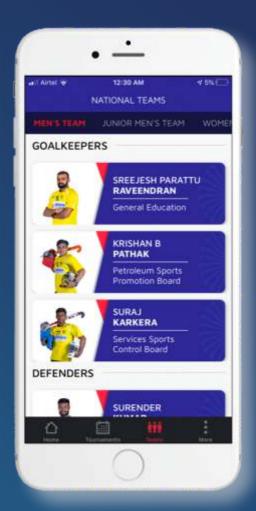
My favourite outfit is - Casuals

3 things I don't travel without – Phone, Food, Clothes

My cheat meal – Anything that has chicken









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