### ACTC 2022-2023 for Hockey Minutes of ACTC meeting held on 14<sup>th</sup> March, 2022: Hockey India (HI)

A meeting to finalize the Annual Calendar for Training and Competition (ACTC) for Hockey for the year 2022-23 was held on 14<sup>th</sup> March 2022 at 11.30 AM under the chairmanship of Smt. Sujata Chaturvedi, Secretary (Sports) MYA&S at the Conference Hall, Sports Authority of India HQ, New Delhi. The list of participants is annexed.

2. At the outset, President, HI listed the projected targets for Hockey for Asian & Commonwealth Games 2022, and submitted the following measurable outcomes:

	Goals & I	Milestones - Ser	nior Men	Ì	
S. No.	Events	Participation	& Perfo	rmance	Medals Available
		Participation	Top 8	Medals	
1	Olympics 2024	Senior Men	-	Yes	3
2	Olympics 2028	Senior Men		Yes	3
3	Olympics 2032	Senior Men	-	Yes	3
4	World Cups	Senior Men	-	Yes	3
5	Asian Games 2022	Senior Men	-	Yes	3
6	Commonwealth Games 2022	Senior Men	Yes	-	3

	Goals & Mi	ilestones - Senio	r Wome	n	
		Participation	& Perfor	mance	Medals Available
S. No.	Events	Participation	Top 8	Medals	
1	Olympics 2024	Senior Women	Yes	-	3
2	Olympics 2028	Senior Women	-	Yes	3
3	Olympics 2032	Senior Women	-	Yes	3
4	World Cups	Senior Women	Yes	-	3
5	Asian Games 2022	Senior Women	-	Yes	3
6	Commonwealth Games 2022	Senior Women	Yes	-	. 3
7	FIH Hockey Pro League	Senior Women	Yes	-	3

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	Goals & M	ilestones - Junior &	Youth (M	len)	
		Participation &	Performa	ance	7.14.000467
S. No	Events	Participation	Top 8	Medals	Medals Available
1	Youth Olympics	Junior Men	-	Yes	3
2	Junior World Cup 2021	Junior Men	-	Yes	3
3	Junior World Cup 2023	Junior Men	-	Yes	3
4	Junior World Cup 2025	Junior Men	-	Yes	3
5	Junior Asia Cup	Junior Men	-	Yes	3
	Goals & Mil	estones - Junior & Y	outh (Wo	omen)	
1	Youth Olympics 2026	Junior Women	-	Yes	3
2	Junior World Cup 2021	Junior Women	Yes	-	3
3	Junior World Cup 2023	Junior Women	Yes	-	. 3
4	Junior World Cup 2025	Junior Women	Yes	-	3
5	Junior Asia Cup	Junior Women	-	Yes	3

3. HI presented the plans for the National Coaching Camps and Foreign Exposures for events leading to Asian Games 2022 in September. The budget summary was presented thereafter in accordance with the revised norms for funding under 'Assistance to NSF' Scheme.

4. In accordance with the minutes of ACTC held on 26<sup>th</sup> November, 2021, some of notable achievements of HI for the ACTC 2021-22 were presented as follows:

- 4.1 HI has conducted Technical Officials Exam.
- 4.2 HI has conducted HI Level 1 & 2 Coaching Courses for Coaches.
- 4.3 Selection Trials & National Coaching Camps are being conducted by HI based on the medal probability for the upcoming Commonwealth Games, 2022 and Asian Games, and Olympics 2024 in targeted events.

5. President, HI made following commitments, which were included as binding decisions as a part of approved ACTC calendar and budget:

- 5.1 More focused and targeted Junior Development Programme with ratio for expenditure for Senior and Junior age groups as presented in the ACTC proposal.
- 5.2 Gender Budgeting to be done so as to ensure equal expenditure for Men and Women.
- 5.3 Strengthening and capacity building in National Camps through inclusion of Sports Science Staff and ensuring scientific evaluation of campers and

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targeted interventions thereof. Data management of the performance evaluations be ensured.

- 5.4 Maintaining a proper system of utilisation of government grants under the scheme.
- 5.5 Displaying of grants received through the scheme on website of HI.
- 5.6 Strict compliance of WADA Code and NADA rules, details of educational plans for athletes and display of Anti-Doping awareness programmes on their respective websites.
- 5.7 Putting in place HPD for junior development program under TOPS NCOE.
- 5.8 Partnership for various programs under Khelo India.

6. The calendar and budget were considered and approved with modifications pursuant to deliberations. The total budget for the ACTC was approved for HI up to March, 2023 with a cap of **Rs. 24.00 Crores**, of this 10% is earmarked for contingencies and 3% for administrative expenses of the NSF as per the latest norms of MYAS dated 28<sup>th</sup> February 2022. It is emphasized that NSF will allocate adequate budget as demanded for Asian Games & Commonwealth Games 2022 & ensure that all the needs of athletes as projected under ACTC are fulfilled.

#### 6.1 National Coaching Camp (Senior)

A limit of maximum 300 camps days in a year for Senior and 60 camp days in a year for Junior and Sub Junior age groups respectively shall be adhered to *Placed at Annexure – I.* 

#### 6.2 International Competition (Senior)

Foreign Exposure in all age groups and across all events should be with a focused approach on targeted events where there are realistic medal chances and with commensurate exposures to the Junior Group. Further, limit of 90 days in a year for training and competition abroad has to be adhered to. *Placed at Annexure – II.* 

#### 6.3 Remuneration - Indian Coaches & Support Staff

The names and salaries of the coaches and support staff to be empaneled for the National Coaching Camp shall be approved separately by the Empanelment Committee by 30.04.2022. *Placed at Annexure – III.* 

#### 6.4 Remuneration - Foreign Coaches & Support Staff

The overall expenditure of foreign coaches & support staff not to exceed 30% of the total budget sanctioned under ACTC. *Placed at Annexure – IV.* 

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#### 6.5 Equipment Consumables

The NSF to procure equipment as per circular of MYAS *Placed at Annexure – V.* 

7. The proposed ACTC is approved within the approved budgetary ceiling as stated at Para 6 above. A review would be undertaken after Asian Games 2022, in the month of October 2022, based on the achievements of Asian Games & Commonwealth Games 2022 and targeted preparation for Olympics 2024, for any additional requirement of funds subject to availability of budget under the 'Assistance to NSF' Scheme.

8. Modifications to the calendar can be made by NSF with the approval by DG SAI within the overall approved budget. It is reiterated that all the guidelines mentioned in MYAS circular dated 28<sup>th</sup> February 2022 will be adhered to.

- 9. Secretary (Sports) emphasised on the following aspects:
  - a. NSF should closely monitor Asian Games & Commonwealth Games preparation & ensure that all needs of the medal probable athletes are fulfilled.
  - b. The target for the Asian Games 2022 must be two (02) Gold medals.
  - c. The Paris 2024 Olympics target must be a gold medal in Men's Hockey.
  - d. HI should prepare the roadmap to Olympics 2024 with detailed training plan. NSF should also make complete plan for excellence in 2028 & 2032 Olympics which includes strengthening junior development programme under TOPS NCOE, strengthening domestic competition structure in lines with best practices in the world, coach development plan to reduce reliance on foreign coaches, referees'/judges' development, athlete education, grass root development plan, etc. Complete plan may be submitted by 15<sup>th</sup> April 2022, post which separate discussion would be held.
  - e. HI should conduct Grassroot training program for PE teachers & other trainers under the e-Khel Pathshala program. It was agreed that the HI would provide all support for development of modules for the programme& monitor implementation.
  - f. Alternate training and competition plans should be prepared to cater for any possible further outbreaks of COVID 19. Also, strict protocols should be put in place to avoid Covid 19 infections during training.
  - g. Training and Competitions for athletes should cater for adequate recovery and peaking at the right time to ensure maximum medal probability.
- 10. The meeting ended with a vote of thanks to the Chair.

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List of participants who attended the meeting are as follows:

- 1. Mr. Sandip Pradhan, DG (SAI)
- 2. Cmde. P. K. Garg (Retd.), CEO (TOPS), SAI
- 3. Mr. Prashant Singh, SDO (Hockey), TOPS, SAI
- 4. Dr Manish Kumar, DO (Hockey), TOPS, SAI
- 5. Mr. Saurabh Mittal, Lead Reasearch (Hockey), TOPS, SAI

Representatives of Hockey India (HI) present in the meeting:

- 1. Mr. Gyanendro Ningombam, President, HI
- 2. Ms Elana Norman, CEO (HI)
- 3. Cdr RK Srivastava, ED (HI)

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# National Coaching Camp

# Senior Men

		Co	mposi	tion of	the c	ampe	ers		Peri	od		
S. No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian	Support Staff Foreign	Proposed date for submission of proposal		То	Total No of Days	Venue
1	Training & Conditioning Camp Non Selected Players	11	0	1	0	1	0	10/02/2022	01/04/2022	03/04/2022	03	Kalinga Stadium, Bhubaneswar
2	Training & Prepration Camp for Asia Cup	33	1	2	2	4	2	10/02/2022	18/04/2022	18/05/2022	31	SAI Centre, Bengaluru
3	Training & Conditioning Camp for non selected players	13	0	1	0	2	0	10/02/2022	19/05/2022	31/05/2022	13	SAI Centre, Bengaluru
4	Training & Prepration Camp for FIH Pro League 2021-22 (BEL & NED)	24	1	1	1	4	1	10/03/2022	01/06/2022	04/06/2022	04	SAI Centre, Bengaluru
5	Training & Conditioning Camp Non Selected Players	04	0	0	0	0	0	10/03/2022	05/06/2022	05/06/2022	1	SAI Centre, Bengaluru
6	Training & Conditioning Camp Non Selected Players	13	0	1	0	2	0	10/03/2022	06/06/2022	19/06/2022	14	SAI Centre, Bengaluru



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Annexure - I

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7	Training & Preparation Camp Argentina Tour	33	1	2	2	4	2	10/04/2022	27/06/2022	20/07/2022	24	SAI Centre, Bengaluru
8	Training & Conditioning Camp for non selected players	09	0	1	0	2	0	10/05/2022	21/07/2022	31/07/2022	11	SAI Centre, Bengaluru
9	Training & Prepration Camp for Asian Games	33	1	2	2	4	2	10/06/2022	08/08/2022	04/09/2022	28	SAI Centre, Bengaluru
10	Training & Conditioning Camp Non Selected Players	13	0	1	0	2	0	10/06/2022	05/09/2022	25/09/2022	21	SAI Centre, Bengaluru
11	Training & Prepration Camp for FIH Hockey Pro League 2022-23	33	1	2	2	4	2	20/08/2022	09/10/2022	25/10/2022	17	Kalinga Stadium, Bhubaneswar
12	Training & Conditioning Camp Non Selected Players	13	0	1	0	2	0	20/08/2022	26/10/2022	09/11/2022	15	Kalinga Stadium, Bhubaneswar
13	Training & Prepration Camp for Tour of Australia / New Zealand	33	1	2	2	4	2	10/09/2022	10/11/2022	19/11/2022	10	Kalinga Stadium, Bhubaneswar
14	Training & Conditioning Camp Non Selected Players	09	0	1	0	2	0	10/09/2022	20/11/2022	04/12/2022	15	Kalinga Stadium, Bhubaneswar
15	Training & Prepration Camp for FIH World Cup 2023	33	1	2	2	4	2	10/10/2022	18/12/2022	06/01/2023	20	Bhubaneswar / Rourkela
16	Training & Conditioning Camp Non Selected Players	13	0	1	0	2	0	10/10/2022	07/01/2023	29/01/2023	23	Bhubaneswar / Rourkela



17	Training & Prepration Camp for FIH Hockey Pro League 2022-23	33	1	2	2	4	2	20/12/2022	12/02/2023	05/03/2023	22	SAI Centre, Bengaluru
18	Training & Conditioning Camp Non Selected Players	13	0	1	0	2	0	10/01/2023	06/03/2023	19/03/2023	14	SAI Centre, Bengaluru

# Senior Women

S.		Co	mposit	tion of	f the o	amp		Proposed date	Per	iod	Total	
No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian		for submission		То	No of Days	Venue
1	Training & Conditioning Camp Non Selected Players	12	0	1	0	2	0	10/02/2022	01/04/2022	09/04/2022	09	Kalinga Stadium, Bhubaneswar
2	Training & Prepration Camp for FIH Hockey 5s Matches, FIH Pro League 2021-22 (Belgium Argentina & USA) & Sr World Cup 2022	33	0	2	2	4	2	10/03/2022	18/04/2022	31/05/2022	44	SAI Centre, Bengaluru
3	Training & Prepration Camp for FIH Pro League 2021-22 (Belgium Argentina & USA) & Sr World Cup 2022	24	0	1	2	3	1	10/03/2022	01/06/2022	06/06/2022	06	SAI Centre, Bengaluru



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4	Training & Conditioning Camp Non Selected Players	09	0	1	0	1	0	10/03/2022	07/06/2022	26/06/2022	20	SAI Centre, Bengaluru
5	Training & Conditioning Camp Non Selected Players	13	0	1	0	1	0	10/03/2022	27/06/2022	17/07/2022	21	SAI Centre, Bengaluru
6	Training & Prepration Camp for Asian Games	33	0	2	2	4	2	10/06/2022	01/08/2022	04/09/2022	35	SAI Centre, Bengaluru
7	Training & Conditioning Camp Non Selected Players	13	0	1	0	1	0	10/06/2022	05/09/2022	25/09/2022	21	SAI Centre, Bengaluru
8	Training & Preparation Camp for FIH Nations Cup	33	0	2	2	4	2	20/08/2022	23/10/2022	04/12/2022	43	SAI Centre, Bengaluru
9	Training & Conditioning Camp Non Selected Players	13	0	1	0	1	0	20/08/2022	05/12/2022	18/12/2022	14	SAI Centre, Bengaluru
10	Training & Prepration Camp for Tour of NZL / AUS	33	0	2	2	4	2	10/11/2022	02/01/2023	21/01/2023	20	SAI Centre, Bengaluru
11	Training & Conditioning Camp Non Selected Players	09	0	1	0	1	0	10/11/2022	22/01/2023	07/02/2023	17	SAI Centre, Bengaluru
12	Training & Conditioning Camp	33	0	2	2	4	2	10/01/2023	19/02/2023	24/03/2023	34	SAI Centre, Bengaluru

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# MEN INDIA 'A' - Upto Commonwealth Games

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S.		Co	mpositio	n of th	e cam	pers		Proposed date	Peri	od	Total	
No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian	Support Staff Foreign	for submission of proposal	From	То	No of Days	Venue
1	Training, Conditioning Camp & Preparation Camp for tour of Europe	33	0	2	1	4	1	10/03/2022	03/04/2022	04/05/2022	32	SAI Centre, Bengaluru
2	Training & Conditioning Camp Non Selected Players	13	0	0	0	1	0	10/03/2022	05/05/2022	15/05/2022	11	SAI Centre, Bengaluru
3	Training, Conditioning & Selection Camp for Commonwealth Games 2022	33	0	2	1	4	1	10/04/2022	01/06/2022	23/07/2022	53	SAI Centre, Bengaluru

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### WOMEN INDIA 'A' – Upto Commonwealth Games

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S.			Comp	ositio	n of th	ie campe	rs	Proposed date for submission of proposal		iod	Total No of Days	Venue
No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian	Support Staff Foreign		From	То		
1	Training, Conditioning Camp Tour of Europe	33	0	2	1	4	1	20/02/2022	03/04/2022	04/05/2022	32	SAI Centre, Bengaluru
2	Training & Conditioning Camp Non Selected Players	13	0	0	0	1	0	10/03/2022	05/05/2022	15/05/2022	11	SAI Centre, Bengaluru
3	Training, Conditioning Camp for Commonwealth Games 2022	33	0	2	1	4	1	10/03/2022	30/05/2022	25/06/2022	27	SAI Centre, Bengaluru
4	Training,Preparation & Selection Camp Commonwealth Games 2022	33	0	2	1	4	1	10/04/2022	03/07/2022	23/07/2022	21	SAI Centre, Bengaluru

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### JUNIOR MEN - PERIOD 01 APRIL 2022 TO 31 MARCH 2023

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		1	Comp	ositio	n of th	ne campe	rs		Per	iod		
S. No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian	Support Staff Foreign	Proposed date for submission of proposal		То	Total No of Days	Venue
1	Training & Conditioning Camp	37	0	2	1	4	1	10/02/2022	11/04/2022	21/05/2022	41	SAI Centre, Bengaluru
2	Training & Preparation Camp for 6 Nations	37	0	2	1	4	1	10/03/2022	05/06/2022	16/07/2022	42	SAI Centre, Bengaluru
3	Training & Conditioning Camp Non Selected Players	17	0	0	0	1	0	10/04/2022	17/07/2022	31/07/2022	15	SAI Centre, Bengaluru
4	Training & Preparation Camp	37	0	2	1	4	1	10/05/2022	14/08/2022	19/09/2022	37	SAI Centre, Bengaluru
6	Training & Conditioning Camp For Invitational Tournament	37	0	2	1	4	1	10/07/2022	20/09/2022	24/09/2022	05	SAI Centre, Bengaluru
7	Training & Conditioning Camp of Non Selected Players	17	0	. 1	0	0	0	10/07/2022	25/09/2022	10/10/2022	16	SAI Centre, Bengaluru
8	Training & Conditioning Camp For Sultan of Johar Cup	37	0	2	1	4	0	20/08/2022	11/10/2022	17/10/2022	07	SAI Centre, Bengaluru



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9	Training & Conditioning Camp of Non Selected Players	17	0	1	0	0	0	20/09/2022	18/10/2022	30/10/2022	13	SAI Centre, Bengaluru
10	Training & Conditioning Camp For JWMC 2023 qualifying tournament	37	0	2	1	4	0	20/09/2022	31/10/2022	25/11/2022	26	SAI Centre, Bengaluru
11	Training & Selection Camp Core probables	60	0	2	1	4	0	10/11/2022	04/01/2023	21/01/2023	18	SAI Centre, Bengaluru
12	Training & Conditioning Camp Tour of Argentina / Europe	37	0	2	1	4	0	10/12/2022	22/01/2023	10/03/2023	48	SAI Centre, Bengaluru
13	Training & Conditioning Camp Non Selected Players	13	0	1	0	0	0	20/02/2023	11/03/2023	25/03/2023	15	SAI Centre, Bengaluru

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#### JUNIOR WOMEN - PERIOD 01 APRIL 2022 TO 31 MARCH 2023

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S.			Comp	ositio	n of the	e camper	S	Proposed date	Peri	iod	Total	
s. No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian	Support Staff Foreign	for submission of proposal	From	То	No of Days	Venue
1	Training & Conditioning Camp Non Selected Players of JWWC	17	0	0	0	1	0	10/02/2022	01/04/2022	12/04/2022	12	SAI Centre, Bengaluru
2	Training Conditioning & Preparation Camp For 6 Nations	37	0	2	1	4	0	10/04/2022	25/04/2022	11/06/2022	48	SAI Centre, Bengaluru
3	Training & Conditioning Camp Non Selected Players	17	0	0	0	1	0	10/04/2022	12/06/2022	26/06/2022	15	SAI Centre, Bengaluru
4	Training & Conditioning Camp for matches with Beluras in Bengaluru	37	0	2	1	4	0	20/05/2022	03/07/2022	23/07/2022	21	SAI Centre, Bengaluru
5	Training & Conditioning Camp Non Selected Players	17	0	0	0	1	0	20/05/2022	24/07/2022	30/07/2022	07	SAI Centre, Bengaluru

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6	Training & Conditioning Camp	37	0	2	1	4	0	20/05/2022	31/07/2022	06/08/2022	07	SAI Centre, Bengaluru
7	Training & Conditioning Camp for tour of Australia / New Zealand	37	0	2	1	4	0	10/06/2022	18/08/2022	17/09/2022	31	SAI Centre, Bengaluru
8	Training & Conditioning Camp Non Selected Players	17	0	1	0	0	0	10/05/2022	18/09/2022	02/10/2022	15	SAI Centre, Bengaluru
9	Training & Conditioning Camp for invitational Matches in India	37	0	2	1	4	0	20/08/2022	13/10/2022	12/11/2022	31	SAI Centre, Bengaluru
10	Training & Conditioning Camp Non Selected Players	17	0	1	0	0	0	20/08/2022	13/11/2022	19/11/2022	07	SAI Centre, Bengaluru
11	Training & Conditioning Camp JWWC 2023 Qualifications Tornaments	37	0	2	1	4	0	10/10/2022	20/11/2022	03/12/2022	14	SAI Centre, Bengaluru
12	Training & Conditioning Camp Non Selected Players	17	0	1	0	0	0	10/10/2022	04/12/2022	17/12/2022	14	SAI Centre, Bengaluru
13	Training & Selection Camp Core probables	60	0	2	1	4	0	10/11/2022	04/01/2023	21/01/2023	18	SAI Centre, Bengaluru
14	Training & Conditioning Camp Tour of South America / Europe	37	0	2	1	4	0	10/12/2022	22/01/2023	14/03/2023	52	SAI Centre, Bengaluru
15	Training & Conditioning Camp Non Selected Players	13	0	1	0	0	0	20/02/2023	15/03/2023	26/03/2023	12	SAI Centre, Bengaluru



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#### SUB JUNIOR MEN

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			Compo	osition	n of the	campe	rs		Per	iod		
S. No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian	Support Staff Foreign	Proposed date for submission of proposal	From	То	Total No of Days	Venue
1	Training Conditioning & Preparation Camp Europe / Asia	33	0	2	0	4	0	10/04/2022	20/06/2022	07/08/2022	49	SAI Centre, Bengaluru
2	Training Conditioning & Camp	33	0	2	0	4	0	10/12/2022	22/01/2023	10/03/2023	48	SAI Centre, Bengaluru

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### SUB JUNIOR WOMEN

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		C	ompo	sition	of t	ne cam	pers		Per	iod		
S. No	Purpose of the coaching camp	Players	High Performance Director	Coaches Indian	Coaches Foreign	Support Staff Indian	Support Staff Foreign	Proposed date for submission of proposal	From	То	Total No of Days	Venue
1	Training Conditioning & Preparation Camp Europe / Asia	33	0	2	0	4	0	10/04/2022	13/06/2022	30/07/2022	48	SAI Centre, Bengaluru
2	Training Conditioning & Camp	33	0	2	0	4	0	10/12/2022	22/01/2023	10/03/2023	48	SAI Centre, Bengaluru



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### International Training /Competition/ Exposures

# Annexure - II

#### SENIOR MEN

182

S.	Name of training cum	Co	mposition of Participants		Proposed date for	Peri	iod	Total days	Venue
No	competition abroad	Players	Coaches Indian/ Foreign	Support staff	submission of proposal	From	То		
1	Asia Cup	20	3	5	10/04/2022	08/05/2022	22/05/2022	15	Malaysia / TBC
2	FIH Hockey5s Lausanne 2022	09	1	2	10/04/2022	01/06/2022	06/06/2022	06	Lausanne / Switzerland
3	Pro League Matches Belgium & Netherlands	20	3	5	10/04/2022	05/06/2022	19/06/2022	15	Belgium & Netherlands
4	Argentina Tour	24	3	5	10/05/2022	21/07/2022	31/07/2022	11	Argentina / TBC
5	19 <sup>th</sup> Asian Games Hangzhou 2022	20	3	5	10/07/2022	05/09/2022	25/09/2022	21	Hangzhou, China
6	Tour of Australia / New Zealand	24	3	5	20/09/2022	20/11/2022	04/12/2022	15	Australia / New Zealand
7	Pro League Matches Australia & Germany	20	3	5	20/12/2022	06/03/2023	19/03/2023	14	Germany

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#### SENIOR WOMEN

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s.	Name of training cum	Co	mposition Participan		Proposed date for	Peri	iod	Total days	Venue
No	competition abroad	Players	Indian/ Foreign	staff	submission of proposal	From	То		
1	FIH Hockey5s Lausanne 2022	09	1	2	10/04/2022	01/06/2022	06/06/2022	06	Belgium & Netherlands
2	Pro League Matches Belgium, Argentina & USA	24	3	5	10/04/2022	07/06/2022	22/06/2022	16	Belgium & Netherlands
3	Tour of Spain & Netherlands (Preparation to World Cup 2022	24	3	5	10/04/2022	23/06/2022	26/06/2022	04	Spain & Netherlands
4	FIH Hockey Women's World Cup 2022	20	3	5	10/04/2022	27/06/2022	17/07/2022	21	Spain & Netherlands
5	19th Asian Games Hangzhou 2022	20	3	5	10/07/2022	05/09/2022	25/09/2022	21	Hangzhou, China
6	FIH Nations Cup	20	3	5	20/10/2022	05/12/2022	18/12/2022	14	Valencia, Spain
7 .	Tour of Australia / New Zealand	24	· 3	5	20/11/2022	22/01/2023	07/02/2023	17	Australia / New Zealand

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### MEN INDIA 'A' – Upto CWG

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s.	Name of training cum	Co	ompositio Particip	on of the ants	Proposed date for submission of	Perio	bd	Total days	Venue
No	competition abroad	Players	Foreign	Support	proposal	From	То		
1	Tour of Europe	24	2	6	10/03/2022	05/05/2022	15/05/2022	11	Europe / TBC
2	Birmingham 2022 Commonwealth Games	20	2	6	10/05/2022	24/07/2022	08/08/2022	16	England

# WOMEN INDIA 'A' – Upto CWG

S.	Name of training cum	Co		sition icipai	of the nts	Proposed date for submission of	Perio	od	Total days	Venue
No	competition abroad	Players	Foreign	Indian/	Support staff	proposal	From	То		
1	Tour of Europe	24	:	2	6	10/03/2022	05/05/2022	15/05/2022	11	Europe / TBC
2	Birmingham 2022 Commonwealth Games	20	:	2	6	10/05/2022	24/07/2022	08/08/2022	16	England

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# JUNIOR MEN

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s.	Name of training cum	Co	ompositio Particip	on of the ants	Proposed date for submission of	Peri	od	Total days	Venue
No	competition abroad	Players	Foreign	Support staff	proposal	From	То		
1	6 Nations Tournament	20	2	6	10/05/2022	17/07/2022	31/07/2022	15	Spain
2	Sultan of Johar Cup	20	2	6	10/07/2022	18/10/2022	30/10/2022	13	Malaysia
3	JMWC 2023 Qualification Tournament	20	2	4	20/09/2022	26/11/2022	10/12/2022	15	ТВС
4	Tour of Argentina / Europe	24	2	4	20/01/2023	11/03/2023	25/03/2023	15	Argentina / Europe

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### JUNIOR WOMEN

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s.	Name of training cum	Co	-	sition ticipai	of the nts	Proposed date for	Peric	od	Total days	Venue
No	competition abroad	Players	Foreign	Indian/	Support staff	submission of proposal	From	То		
1	Junior Women World Cup 2021	20		2	4	20/02/2021	26/03/2022	12/04/2022	18	South Africa
2	6 Nations Invitational Tournament	20		2	4	10/04/2021	12/06/2022	26/06/2022	15	Ireland
3	Tour of Australia / New Zealand	24		2	4	10/07/2021	18/09/2022	02/10/2022	15	Australia / New Zealand
4	JWWC 2023 Qualification Tournament	20		2	4	10/10/2022	04/12/2022	17/12/2022	14	ТВС
5	Tour of South America / Europe	24		2	4	20/10/2022	15/03/2023	26/03/2023	12	South Amrica / Europe

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#### SUB JUNIOR MEN

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s.	Name of training cum	Co	mposition Participa		Proposed date for	Pe	riod	Total days	Venue
No	competition abroad	Players	Indian/ Foreign	Support staff	submission of proposal	From	То		
01	Tour of Europe / Asia	24	2	4	10/06/2022	08/08/2022	19/08/2022	12	ТВС

#### SUB JUNIOR WOMEN

S.	Name of training cum	Co	-	sition ticipar	of the nts	Proposed date for	Per	riod	Total days	Venue
No	competition abroad	Players	Foreign	Indian/	Support staff	submission of proposal	From	То		
01	Tour of Europe / Asia	24		2	4	10/05/2022	31/07/2022	11/08/2022	12	ТВС

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#### International Competition in India:

# Annexure - III

#### SENIOR MEN

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		Names of the countries		Per	riod		
S. Name No.	Name of competition	expected to participate	Proposed date for submission of proposal	From	То	Total days	Venue
1.	FIH Pro League - England	2	20/02/2022	28/03/2022	03/04/2022	05	Bhubaneswar
2.	FIH Pro League 2022-23	4	10/08/2022	26/10/2022	09/11/2022	15	Bhubaneswar / Rourkela
3.	FIH Hockey Men's World Cup 2023	16	10/11/2022	07/01/2023	29/01/2023	23	Bhubaneswar & Rourkela

#### SENIOR WOMEN

		Names of the countries			iod		
S. Name No.	Name of competition	expected to participate	date for submission of proposal	From	То	Total days	Venue
1.	Pro League – England & Netherlands	2	10/02/2022	28/03/2022	09/04/2022	13	Kalinga Hockey Stadium Bhubaneswar

#### JUNIOR MEN

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		Names of the countries Dreamand date		Per	riod		
S. No.	Name of competition	expected to participate	Proposed date for submission of proposal	From	То	Total days	Venue
1	Invitational Tournament	6 - TBC	20/09/2022	30/09/2022	10/10/2022	12	Pimpri, Chinchwad

#### JUNIOR WOMEN

		Names of the countries	Proposed	Per	riod		
S. No.	Name of competition	expected to participate	date for submission of proposal	From	То	Total days	Venue
1	India – TBC Series	ТВС	20/05/2022	24/07/2022	30/07/2022	07	SAI Centre, Bengaluru
2	Invitational Tournament	твс	20/09/2022	13/11/2022	. 19/11/2022	07	SAI Centre, Bengaluru

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Remuneration of Foreign Coaches and Support Staff – Sr Men Team

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Annexure - IV

S. No.	Discipline	Name and Salary	Country	Period	Place of Posting	Salary (USD)	INR	Total 6 Months (182 days)
1.		High Performance Director (Men & Women Programmes)	твс	1 April 2022 - 31 March 2023	Bangalore	USD 6,000/- (50% with men / 50% with women)	4,50,000	54,00,000
2.	-	High Performance Talent Development	твс	1 April 2022 - 31 March 2023	Bangalore	USD 6,000/- (50% with men / 50% with women)	4,50,000	54,00,000
3.	Senior Men Hockey	GRAHAM JOHN REID Chief Coach	Australia	1 April 2022 - 31 March 2023	Bangalore	USD 15,000/-	11,25,000	1,35,00,000
4.	Team	GREGG STEPHEN CLARK Analytical Coach	South Africa	1 April 2022 - 31 March 2023	Bangalore	USD 9,000/-	6,75,000	81,00,000
5.		MITCHELL DAVID PEMBERTON Scientific Advisor	Australia	1 April 2022 - 31 March 2023	Bangalore	USD 6,300/-	4,72,500	56,70,000
6.		Physiotherapist	Prior World Cup	1 April 2022 - 31 March 2023	Bangalore	USD 6,000/-	4,50,000	54,00,000



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7.	Drag Flick Coach	2023	15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
8.	Strikers Coach		15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
9.	Defender Coach		15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
10.	Goalkeeping Coach		15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
		То	tal				4,61,70,000

# **Remuneration of Foreign Coaches and Support Staff – Sr Women Team**

S. No.	Discipline	Name and Salary	Country	Period	Place of Posting	Salary (USD)	INR	Total 6 Months (182 days)
1.		High Performance Director (Men & Women Programmes)	твс	1 April 2022 - 31 March 2023	Bangalore	USD 6,000/- (50% with men / 50% with women)	4,50,000	54,00,000
2.	Senior Women	High Performance Talent Development	твс	1 April 2022 - 31 March 2023	Bangalore	USD 6,000/- (50% with men / 50% with women)	4,50,000	54,00,000
3.	Hockey Team	JOHANNA DOROTHEA MARIA SCHOPMAN Chief Coach	Netherlands	1 April 2022 - 31 March 2023	Bangalore	USD 9,750/-	7,31,250	87,75,000
4.		BONGANI PARTICK TSHUTSHANI Analytical Coach	South African	1 April 2022 - 31 March 2023	Bangalore	USD 8,000/-	6,00,000	72,00,000

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		TO	ΓAL				3,93,75,000
10.	Goalkeeping Coach	Prior AG	15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
9.	Defender Coach	Prior AG	15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
8.	Strikers Coach	Prior AG	15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
7.	Drag Flick Coach	Prior AG	15 days	Bangalore	USD 9,000/-	6,75,000	6,75,000
6.	Physiotherapist	ТВС	1 April 2022 - 31 March 2023	Bangalore	USD 5,500/-	4,12,500	49,50,000
5.	TAREN NAIDOO Scientific Advisor	South African	1 April 2022 - 31 March 2023	Bangalore	USD 5,500/-	4,12,500	49,50,000

# MEN INDIA 'A'- Upto CWG-2022

S. No.	Discipline	Name and Salary	Country	Period	Place of Posting	Salary (USD)	INR	Total
1.	Senior Men	Coach	ТВС	1 April 2022 - Aug 2022	Bangalore	USD 8,000	6,00,000	72,00,000
2.	(India 'A')	Scientific Advisor	TBC	1 April 2022 - Aug 2022	Bangalore	USD 7,000	5,25,000	63,00,000
	I I	•	1	I	-	· · ·	TOTAL	1,35,00,000

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### WOMEN INDIA 'A'- Upto CWG-2022

S. No.	Discipline	Name and Salary	Country	Period	Place of Posting	Salary (USD)	INR	Total
1.	Senior Women	Coach	TBC	1 April 2022 - Aug 2022	Bangalore	USD 8,000	6,00,000	72,00,000
2.	(India 'A')	Scientific Advisor	TBC	1 April 2022 - Aug 2022	Bangalore	USD 7,000	5,25,000	63,00,000
			1	TOTAL	_			1,35,00,000

**National Coaches - SENIOR MEN** 

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S. No.	Name & Designation	Event	Department/State	Monthly Salary / Renumeration	Total 12 Months (365 days)
1.	SHIVENDRA SINGH Coach	For ACTC Period	Air India	1,50,000/-	18,00,000
2.	ТВС	For ACTC Period	ТВС	2,00,000/-	24,00,000
		TOTAL			42,00,000

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#### National Coaches - SENIOR MEN

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S. No.	Name & Designation	Event	Department/State	Monthly Salary / Renumeration	Total 12 Months (365 days)
1.	TUSHAR KHANDKER Coach	For ACTC Period	ONGC	50,000	6,00,000
2.	ANKITHA BS Coach	For ACTC Period	Sports Department, Karnataka	50,300	6,03,600
	TOTAL				12,03,600

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### National Coaches India 'A' Men Team Upto CWG,2022

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S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)
1.	Sardar Singh	For ACTC Period	-	2,50,000/-	30,00,000
2.	TBC Coach	For ACTC Period		2,50,000/-	30,00,000
	TOTAL				60,00,000

National Coach INDIA 'A' Women Upto CWG,2022

S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)
1.	Deepak Thakur	For ACTC Period	-	2,50,000/-	30,00,000
2.	TBC Coach	For ACTC Period	-	2,50,000/-	30,00,000
	TOTAL				60,00,000

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Support staff for Training - SENIOR MEN

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S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)	
1.	Abhinav Sathe Physiotherapist	For ACTC Period	SAI	1,25,000	15,00,000	
2	TBC Doctor	For ACTC Period	On SAI contract (On demand)	2,00,000	24,00,000	
3	TBC Psychologist	For ACTC Period	On SAI contract	1,00,000	12,00,000	
4	Ashok Kumar C Video Analyst	For ACTC Period	Sports Mechanics	60,000	7,20,000	
5	Arup Naskar Massuer	For ACTC Period	On SAI contract	40,000	4,80,000	
6	TBC Massuer	For ACTC Period	On SAI contract	1,00,000	12,00,000	
7	TBC Nutritionist	For ACTC Period	On SAI contract	1,00,000	12,00,000	
				TOTAL	87,00,000	

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#### SENIOR WOMEN

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S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)	
1.	Nivedita Chopra Physiotherapist	For ACTC Period	NCOE	75,000	9,00,000	
2	TBC Doctor	For ACTC Period	On SAI contract	2,00,000	24,00,000	
3	TBC Psychologist	For ACTC Period	On SAI contract	1,00,000	12,00,000	
4	Amuthaprakash Perumal Video Analyst	For ACTC Period	Sports Mechanics	60,000	7,20,000	
5	Radhika Bhikan Chaudhari Masseuse	For ACTC Period	On SAI contract	35,000	4,20,000	
6	TBC Masseuse	For ACTC Period	On SAI contract	1,00,000	12,00,000	
7	TBC Nutritionist	For ACTC Period	On SAI contract	1,00,000	12,00,000	
			· · · · · · · · · · · · · · · · · · ·	TOTAL	80,40,000	

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Support staff for India 'A' Teams

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MEN INDIA 'A' Upto CWG, 2022

S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)
1	N Deepak - Physiotherapist	For ACTC Period	On SAI contract	67,000	8,04,000
2	TBC - Video Analyst	For ACTC Period	Sports Mechanics	1,00,000	12,00,000
3	Arul - Massuer	For ACTC Period	On SAI contract	35,000	4,20,000
4	TBC - Doctor	For ACTC Period	On SAI contract	2,00,000	24,00,000
				TOTAL	48,24,000

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# WOMEN INDIA 'A' Upto CWG, 2022

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S. No.	Name & Designation	Event	Department/State	Monthly Salary	Total 12 Months (365 days)
1	Deepti T - Physiotherapist	For ACTC Period	On SAI contract	67,000	8,04,000
2	TBC - Video Analyst	For ACTC Period	Sports Mechanics	1,00,000	12,00,000
3	TBC - Masseuse	For ACTC Period	On SAI contract	1,00,000	12,00,000
4	TBC - Doctor	For ACTC Period	On SAI contract	2,00,000	24,00,000
				TOTAL	56,04,000

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### Salary of Appointed Foreign Coaches and Scientific Advisor

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S. NO.	Name	Position	Contract	Salary In USD/Month	Salary in	Salary with
S. NO.	Name		Contract	USD/Monul	Rs/M	Taxes/M
1	Mr GRAHAM REID	Chief Coach, Sr Men Team	1 <sup>st</sup> Dec 2021	15000	1125000	1687500
2	Mr Gregg Clark	Analytical Coach, Sr Men Team	1 <sup>st</sup> Dec 2021	9000	675000	1012500
3	Mr Mitchell Pemberton	Scientifc Advisor, Sr Men	1 <sup>st</sup> Dec 2021	6300	472500	708750
4	Ms JOHANNA SCHOPMAN	Chief Coach, Sr Women Team	1 <sup>st</sup> Dec 2021	9750	731250	1096875
5	Mr Patrick Tshutshani	Analytical Coach, Sr Men Team	1 <sup>st</sup> Dec 2021	8000	600000	900000
6	Ms Taren Naidoo	Scientifc Advisor,Sr Women	1 <sup>st</sup> Dec 2021	5500	412500	618750
7	Mr ERIK WONINK	Coach, Jr Women Team	1 <sup>st</sup> Dec 2021	8750	656250	984375
8	TBC	HPD		12000	900000	1350000
9	TBC	HPTD		12000	900000	1350000
					Total	9708750
Total for 12 Months with Tax					11,65,05,000/-	

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	Salary of Indian Men and Women Teams Coaches and Support Staff				
S. NO.	Name	Designation	Team	Contract upto	Salary Per Month
1	Mr. Arup Naskar	Masseur	Indian Senior Men	31 <sup>st</sup> July 2022	40000
2	Mr. Amuthaprakash Perumal	Video Analyst	Indian Senior Women Hockey Team	31 <sup>st</sup> July 2022	60000
3	Ms. Radhika Bhikan Chaudhari	Masseuse	Indian Senior Women Hockey Team	31 <sup>st</sup> July 2022	35000
4	Mr. Ashok Kumar	Video Analyst	Indian Senior Men	31 <sup>st</sup> July 2022	60000
5	Mr Shivendra Singh	Coach	Indian Senior Men	31 <sup>st</sup> July 2022	100000
6	Ms. Ankitha BS	Coach	Indian Senior Women Hockey Team	28 <sup>th</sup> Feb 2022	50,300
7	Ms Nivedita Chopra	Physiotherpist	Indian Senior Men	OG 2024	75000
8	Mr Abhinav Sathe	Physiotherpist	Indian Senior Men	OG 2024	125000
				Total	5,40,000
			Тс	otal for 12 months	64, 48,000/

# Equipment

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#### SENIOR MEN

## 4.1.1 Training equipment

Sl. No.	Name of Equipment / Consumable Item	Quantity (number) / number pax per year
1	Face Masks for PC Defence OBO	10
2	White Kookaburra hockey balls	480
3	Goal Keepers kit OBO	3
4	Hand Gloves (Ice Hockey) for PC Defence	10
5	Hand Gloves (Cricket) for PC Defence OBO	10
6	Abdominal Guard for PC Defence	10
7	Knee Guards for PC Defence OBO	10
8	Shin Guard for PC Defence	10
9	Chest Guard for PC Defence	10
10	Hip Thrust Pad	10
11	Aquabag (15 kg)	5
12	Aquaball (15 kg)	5

Annexure - V

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13	Lacrosse Stick	2
14	Skipping Rope	66
15	Pool Noodles	50
16	SAS SPORTS Colour Spot Marker (set of 10)	4
17	Whoop Strap with 3 Years warranty & Software	33
18	Sport Write Coaching Board	3
19	SKLZ Recoil 360 Dynamic Resistance Training belt (Striker Training)	2
20	Small Hockey Goals	2
21	Drink Bottle Carrier Tray	4
22	Hart Caurved Bump Pads	5
23	Reaction Ball	12
24	Agility Belt	15
25	Mini-bands (Light resistance)	20
26	Mini-bands (Medium resistance)	20
27	Mini-bands (Heavy resistance)	20
28	Power-bands (10lb resistance)	20
29	Power-bands (20lb resistance)	20

30	Power-bands (30lb resistance)	20
31	Power-bands (40lb resistance)	20
32	Robust Hard Case Suitcase	2
33	Measuring Tape (Hart Open reel steel tape)	1
34	Tennis Balls	100
35	GPS Bibs	50
36	HR Belt Monitor	10
37	GPS Pod	10
38	Spikeball Game Set	1

### **Technical Equipment**

SI. No.	Items	Number
1	Samsung T7 2TB Up to 1,050MB/s USB 3.2 Gen 2 (10Gbps, Type-C) External Solid State Drive   (Portable SSD) Grey(MU-PC2T0T)	3
2	External Hard Drive (5TB)	5
3	Ink Cartridge for Printer Canon Pixma TR150	6
4	Yearly Analysis Software Licenses:	-
7	MyVa Licences – 5 X coaches + 1 player	6

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	MYVA Analyst licences	2
	Player Licences	33
5	MyTpa Remote App for ipad	1
6	Dropbox Professional 3 TB	1
7	Apple Ipad for players	4
8	Visualcoaching (Up to 20 Visual coaching Pro / Up to 160 Clients) – To be utilised by all 4 teams	1

#### Medical

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SI. No.	Items	Number
1	Biochemistry Testing	33 players
2	Portable Automatic External Defibrillator (AED) – 3 Years Warranty	1
3	Biomechanics foot assessment & Insoles	33 players
4	Mouth guards for players	33

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#### Equipment not provided from previous ACTC 2021-22

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SI. No.	Items	Number
1	Portable Timing Gates (Brower)	1
2	Hip Thrust Pad	8
3	Aquabag (15 kg)	5
4	Aquaball (15 kg)	5
5	Skipping Rope	15
6	Pool Noodles	10
7	Mini-bands (Light resistance)	10
8	Mini-bands (Medium resistance)	10
9	Mini-bands (Heavy resistance)	10
10	Robust Hard Case Suitcase	1
11	External Hard Drive (4TB)	1
12	External Hard Drive (5TB)	2
13	Printer Canon Pixma TR150 Wireless Portable WiFi Inkjet Printer USB	· 1
14	Ink Cartridge for Printer Canon Pixma TR150	3
15	Auslese <sup>™</sup> 7 in 1 Type-C USB Hub 3.1 Dual Type-C USB Adapter with HDMI 4K Video PD Card Read SD/TF 3.1 USB Port for MacBook Pro and MacBook Air 2nd Gen 2018 & All Type-C	2

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	Devices	
16	Mac Book Apple Laptop Thunderbolt to type C connector	1
17	Lightning to hdmi adapter for ipad	1
18	Biochemistry Testing	35 ´

#### SENIOR WOMEN

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### Training equipment

SI. No.	Name of Equipment / Consumable Item	Quantity (number) / number pax
1	Face Masks for PC Defence OBO	10
2	White Kookaburra hockey balls	480
3	Goal Keepers kit OBO	3
4	Hand Gloves (Ice Hockey) for PC Defence	10
5	Knee Guards for PC Defence OBO	10
6	Chest Guard for PC Defence	10
7	Shin Guard for PC Defence	10
8	Cones	60
9	Golf Umbrella Large Black	1

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10	Whoop Strap with 3 Years warranty & Software	33
11	Drink Bottle Carrier Tray	4
12	Hip Thrust Pad	10
13	Aquabag (15 kg)	5
14	Aquaball (15 kg)	5
15	Slam Ball (3 kg)	6
16	Slam Ball (4 kg)	6
17	Slam Ball (5 kg)	6
18	Mini-bands (light)	20
19	Mini-bands (medium)	20
20	Mini-bands (heavy)	20
21	Power-bands (10lb resistance)	20
22	Power-bands (20lb resistance)	20
23	Power-bands (30lb resistance)	20
24	Power-bands (40lb resistance)	20
25	Robust Hard Case Suitcase	2
26	Rugby Tackle Bag (full size)	3

27	Tennis Balls	100
28	GPS Bibs	40
29	HR Belt Monitor	10
30	GPS Pods	10

### **Technical Equipment**

SI.No.	Items	Number
1	External Hard Drive (5TB)	5
2	Ink Cartridge for Printer Canon Pixma TR150	6
3	Dropbox Professional 3 TB	1
4	HDMI to HDMI Cable 10m	3
5	MyVideoAnalyser Remote	2
6	Apple Mac Book Pro	2
7	Samsung T7 Hard drive	2
8	Team Performance Analyser APP (Players)	8
9	Apple I Pad	8
10	Yearly Analysis Software Licenses:	-

	MyVa Licences	4
	MYVA Analyst licences	2
	Player Licences	36
11	Visualcoaching (Up to 20 Visual coaching Pro / Up to 160 Clients) – To be utilised by all 4 teams	1

#### Medical

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Items	Number
Omron Blood Pressure Monitor	1
Biochemistry Testing	33 Players
Portable Automatic External Defibrillator (AED) – 3 Years Warranty	1
Biomechanics foot assessment & Insoles	33 players
Mouth guards for players	36
	Omron Blood Pressure Monitor   Biochemistry Testing   Portable Automatic External Defibrillator (AED) – 3 Years Warranty   Biomechanics foot assessment & Insoles

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#### Equipment not provided from previous ACTC 2021-22

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SI.No.	Items	Number
1	Golf Umbrella Large Black	1
2	Nordbord- Hamstring Testing System with 4 Years warranty & Software	1
3	ForceFrame- Strength Testing System (GroinBar) with 4 Years warranty & Software	1
4	Real Time Digital Clock size 8ft x 2ft on the side of the field	1
5	Mini-bands (light)	10
6	Mini-bands (medium)	10
7	Mini-bands (heavy)	10
8	Power-bands (10lb resistance)	10
9	Power-bands (20lb resistance)	10
11	Power-bands (30lb resistance)	10
12	Power-bands (40lb resistance)	10
13	Forcedecks Force Plate Lite	1
14	External Hard Drive (4TB)	. 1
15	External Hard Drive (5TB)	4
16	Sony VCT-VPR1 Remote Control Tripod	1

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17	Printer Canon Pixma TR150 Wireless Portable WiFi Inkjet Printer USB	1
18	Ink Cartridge for Printer Canon Pixma TR150	3
19	Apple Thunderbolt 3 USB c to Thunderbolt 2 adapter	3
20	Apple USB c digital AV multiport adaptor	3
21	Apple 85W Mac Safe 2 Power Adapter	3
22	HDMI to HDMI Cable 10m	3
23	Protective Cases for Mac Book Pro 15 inch 2015 model	3
24	Protective Cases for Mac Book Pro 15 inch 2017 model	1
25	Protective Cases for Mac Book Pro 16 inch 2019 model	3
26	LapDome- Portable Sun Shade & Weather Protecting	1
27	GoPro HERO9 Black	1
28	Sony Handycam Raincover	1
29	Samsung T7 Hard drive	1
30	Omron Blood Pressure Monitor	1
31	Biochemistry Testing	1

#### MEN INDIA 'A' – Upto CWG, 2022

### Training equipment

Sl. No.	Name of Equipment	Quantity (number) / number pax
1	Pool Noodles	10
2	Katchet Boards	2
3	Rebound Board	10
4	Bobbla Balls	40
5	Ice Box with wheel 40 Ltrs.	2
6	Exercise Foam Roller	50
7	Resistance Bands (Heavy)	20
8	Resistance Bands (Medium)	20
9	Resistance Bands (Light)	20
10	Mini Bands (Heavy)	40
11	Mini Bands (Medium)	40
12	Mini Bands (Light)	40
13	Skipping Rope	50

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14	Tennis Ball	120
15	Foot Ball	2
16	Cricket Gloves	20
17	Stop Watch	5
18	Travel Case for Ball (Suitcase VIP Stealth 79cm)	4
19	Kookaburra Hockey Ball Dimple Elite MK- II White	960
20	OBO Face Mask	20
21	Abdominal Guard	20
22	Hockey Sticks (90% Carbon)	50
23	Speed Ladders (Ladder)	16
24	Whiteboard on wheels	2
25	Lacrosse Sticks	4
26	Ball Carry Cart	2
27	Shin Guard	50
28	Training Marker Cones	200
29	Rebound Nets (Imported) Harrod	4
30	Field Hockey Mannequin (Imported)	6

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31	9 inch Spot Markers	100
32	9 inch Spot Markers	200
33	9 inch Spot Markers (Stripe)	100
34	Handball	2
35	Bibs (Green 20 Nos, Orange 20 Nos)	. 40
36	Coaching Board	5
37	Whistle	5
38	PC Protection Gloves (OBO)	20
39	Training Cones	100
40	Knee Protector (OBO)	5
41	Medicine Ball 2 Kg.	5
42	Measuring Tape 100 mtr	3
43	Power-bands (10lb resistance)	40
44	Power-bands (20lb resistance)	40
45	Power-bands (30lb resistance)	40
46	Power-bands (40lb resistance)	30
47	Ice Hockey Gloves	10

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48	Small Hockey Goals	2
49	Slam Balls (3kg)	12
50	Slam Balls (4kg)	12
51	Slam Balls (5kg)	12
52	Robust Hard Case Suitcase	4
53	Yoga Mat	50
54	Slider Disk	20
55	Ultimate Instability Bag ( water filled)/ Aqua bag 15 Kg.	8
56	Rubgy Tackle Shields	2
57	Adapta Ball	18
58	ASM Reverse Hockey Stick SR	6
59	Indoor Boards	8
60	Swiss Ball	2
61	Hockey Shoes - 40 pairs	40
62	Tennis Racquets	2
53	Mouth/Teeth Guard	. 40
64	Massage Bed- Portable (Aluminium, Light Weight)	2

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65	OBO Hi Rebound Goalkeeper Kit with all 13 items - 4 sets	. 4
66	Air Compression Therapy System	2
67	Communication Headset for Coaches	2
68	Slalom Poles with Base	8
69	6 inch Hurdle	14
70	Adjustable Hurdles	20
71	Barbell 20 kg	2
72	Barbell 15 kg	2
73	Weight Plates 2.5 kg*2	4 Sets
74	Weight Plates 5kg*2	4 Sets
75	Weight Plates 10kg*2	4 Sets
76	Weight Plates 20kg*2	4 Sets
77	Weight Plates 25kg*2	4 Sets
78	Squat Stand	1
79	Weight Lifting Belt-2	1
80	Kettlebell 15kg	5
81	Kettlebell 20kg	5

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82	Dumbbells 10kg set	5
83	Dumbells 7.5 Kgsset	5
84	Dumbells 5 kg set	5

## **Technical Equipment**

SI.No.	Items	Number
	Analysis Software Licenses:	
1	4 x MyVA	4 x MyVA
1	2 x MyTPA analist	2 x MyTPA analist
	40 x Players	40 x Players
2	Hard Disk Backup plus 2TB	4
3	Whoop Strap with 3 Years warranty & Software	1
4	Portable Automatic External Defibrillator (AED)	1
5	External Hard Drive 5 TB	4
6	WhiteBoard	1

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#### Medical

SI.No.	Items	Number
1	Biochemistry Testing	40 Players
2	Mouth guards for players	40

### WOMEN INDIA 'A' Upto CWG, 2022

#### **Training equipment**

SI. No.	Name of Equipment	Quantity (number) / number pax
1	Pool Noodles	10
2	Katchet Boards	2
3	Rebound Board	10
4	Bobbla Balls	40
5	Ice Box with wheel 40 Ltrs.	2
6	Exercise Foam Roller	50
7	Resistance Bands (Heavy)	20

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8	Resistance Bands (Medium)	20
9	Resistance Bands (Light)	20
10	Mini Bands (Heavy)	40
11	Mini Bands (Medium)	40
12	Mini Bands (Light)	40
13	Skipping Rope	50
14	Tennis Ball	120
15	FootBall	2
16	Cricket Gloves	20
17	Stop Watch	5
18	Travel Case for Ball (Suitcase VIP Stealth 79cm)	. 4
19	Kookaburra Hockey Ball Dimple Elite MK- II White	. 960
20	OBO Face Mask	20
21	Hockey Sticks (90% Carbon)	50
22	Speed Ladders (Ladder)	16
23	Whiteboard on wheels	2
24	Lacrosse Sticks	4

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SI. No.	Name of Equipment	Quantity (number) / number pax
25	Ball Carry Cart	2
26	Shin Guard	50
27	Training Marker Cones	200
28	Rebound Nets (Imported) Harrod	4
29	Field Hockey Mannequin (Imported)	6
30	9 inch Spot Markers	100
31	9 inch Spot Markers	200
32	9 inch Spot Markers (Stripe)	100
33	Handball	2
34	Bibs (Green 20 Nos, Orange 20 Nos)	40
35	Coaching Board	5
36	Whistle	5
37	PC Protection Gloves (OBO)	20
38.	Training Cones	· 100 ·
39	Knee Protector (OBO)	5
40	Medicine Ball 2 Kg.	5

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41	Measuring Tape 100 mtr	3
42	Power-bands (10lb resistance)	40
43	Power-bands (20lb resistance)	40
44	Power-bands (30lb resistance)	40
45	Power-bands (40lb resistance)	30
46	Ice Hockey Gloves	10
47	Small Hockey Goals	2
48	Slam Balls (3kg)	12
49	Slam Balls (4kg)	12
50	Slam Balls (5kg)	12
51	Robust Hard Case Suitcase	4
52	Yoga Mat	50
53	Slider Disk	20
54	Ultimate Instability Bag ( water filled)/ Aqua bag 15 Kg.	8
55	Rubgy Tackle Shields	2
56	Adapta Ball	. 18
57	ASM Reverse Hockey Stick SR	6



58	Indoor Boards	8
59	Swiss Ball	2
60	Hockey Shoes - 40 pairs	40
61	Tennis Racquets	2
62	Mouth/Teeth Guard	40
63	Massage Bed- Portable (Aluminium, Light Weight)	2
64	OBO Hi Rebound Goalkeeper Kit with all 13 items - 4 sets	4
65	Air Compression Therapy System	2
66	Communication Headset for Coaches	2
67	Slalom Poles with Base	8
68	6 inch Hurdle	14
69	Adjustable Hurdles	20
70	Barbell 20 kg	2
71	Barbell 15 kg	2
72	Weight Plates 2.5 kg*2	4 Sets
73	Weight Plates 5kg*2	4 Sets
74	Weight Plates 10kg*2	4 Sets

75	Weight Plates 20kg*2	4 Sets
76	Weight Plates 25kg*2	4 Sets
7	Squat Stand	1
8	Weight Lifting Belt-2	1
'9	Kettlebell 15kg	5
80	Kettlebell 20kg	5
31	Dumbbells 10kg set	5
2	Dumbells 7.5 Kgsset	5
3	Dumbells 5 kg set	5

#### **Technical Equipment**

SI.No.	Items	Number
	Analysis Software Licenses:	-
1	4 x MyVA	4 x MyVA
1	2 x MyTPA analist	2 x MyTPA analist
	40 x Players	40 x Players
2	Hard Disk Backup plus 2TB	4

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3	Whoop Strap with 3 Years warranty & Software	1
4	Portable Automatic External Defibrillator (AED)	1
5	External Hard Drive 5 TB	4
6	WhiteBoard	1

## Medical

Sl.No.	Items	Number
1	Biochemistry Testing	40 Players
2	Mouth guards for players	40